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# ► To cite this version:

M. Taconne, K. P. Owashi, E Galli, J Duchenne, A Hubert, et al.. Model-based analysis of myocardial strains in left bundle branch block. Frontiers in Applied Mathematics and Statistics, 2022, 8, pp.833003. 10.3389/fams.2022.833003 . hal-03931071

# HAL Id: hal-03931071 https://hal.science/hal-03931071

Submitted on 23 Jan 2023

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#### SPECIALTY SECTION

This article was submitted to Mathematical Biology, a section of the journal Frontiers in Applied Mathematics and Statistics

RECEIVED 10 December 2021 ACCEPTED 25 October 2022 PUBLISHED 17 November 2022

#### CITATION

Taconné M, Owashi KP, Galli E, Duchenne J, Hubert A, Donal E, Hernàndez Al and Le Rolle V (2022) Model-based analysis of myocardial strains in left bundle branch block. *Front. Appl. Math. Stat.* 8:833003. doi: 10.3389/fams.2022.833003

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# Model-based analysis of myocardial strains in left bundle branch block

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**Introduction:** Although observational studies of patients with left bundle branch block (LBBB) have shown a relation between strain morphologies and responses to cardiac resynchronization therapy (CRT), the evaluation of left ventricle (LV) dyssynchrony from echocardiography remains difficult. The objective of this article is to propose a patient-specific model-based approach to improve the analysis and interpretation of myocardial strain signals.

**Methods:** A system-level model of the cardiovascular system is proposed, integrating: (i) the cardiac electrical system, (ii) right and left atria, (iii) a multi-segment representation of the RVs and LVs, and (iv) the systemic and pulmonary circulations. After a sensitivity analysis step, model parameters were identified specifically for each patient. The proposed approach was evaluated on data obtained from 10 healthy subjects and 20 patients with LBBB with underlying ischemic (n = 10) and non-ischemic (n = 10) cardiomyopathies.

**Results:** A close match was observed between estimated and observed strain signals, with mean RMSE respectively equal to  $5.04 \pm 1.02\%$  and  $3.90 \pm 1.40\%$  in healthy and LBBB cases. The analysis of patient-specific identified parameters, based on bull's-eye representation, shows that strain morphologies are related to both electrical conduction delay, and heterogeneity of contractile levels within the myocardium.

**Discussion:** The model-based approach improve the interpretability echocardiography data by bringing additional information on the regional electrical and mechanical function of the LV. The analysis of model parameters show that septal motion and global strain morphologies are not only explained by electrical conduction delay but also by the heterogeneity of contractile levels within the myocardium. The proposed approach represents a step forward in the development of personalized LV models for the evaluation of LV dyssynchrony in the field of CRT.

#### KEYWORDS

computational model, echocardiography, parameter identification, sensitivity analysis, left bundle branch block (LBBB)

# 1. Introduction

Left bundle branch block (LBBB) is a common electrocardiographic abnormality that causes intra- and interventricular conduction delay and leads to uncoordinated contraction of the ventricle, alterations in LV mechanical activity, and LV dysfunction [1]. Observational studies of patients with LBBB have shown a relation between strain curve morphologies, obtained by speckle-tracking echocardiography (STE), and responses to cardiac resynchronization therapy (CRT) [2-4]. However, the regional distribution patterns of dyssynchrony in LBBB are highly heterogeneous as it involves different septal and lateral walls [5, 6]. Moreover, strain morphologies could also be affected by mechanical dysfunctions, such as those observed in ischemia [7]. Therefore, the assessment of dyssynchrony patterns in LBBB appears particularly complex because strain morphologies reflect dynamics associated with both electrical conduction delays and mechanical cardiac activities. Previous studies have shown that only the mechanical dysfunction attributable to an electrical conduction delay can be corrected by CRT [8]. The possibility of using strain-derived data to disclose the complex interplay between electrical conduction delay and the specific mechanical substrate associated with LV dyssynchrony is particularly interesting and might have a pivotal role in the selection of CRT candidates.

In this context, model-based approaches may provide a better understanding of myocardial deformations observed in LBBB, since these approaches explicitly represent the underlying physiological mechanisms. Indeed, computational modeling appears as an efficient tool to integrate knowledge, concerning cardiac electrical activation, mechanical properties, and hemodynamic conditions, in the data processing. A variety of cardiac electro-mechanical models has been proposed in the literature, at many different levels of detail [9] and representing different physiological functions, including the cardiac electrical activity [10–12], the excitation-contraction coupling [13, 14], the mechanical activity [15], and the mechano-hydraulic coupling [16]. Most of the proposed cardiac models are based on the finite element (FE) method [17-24] for the simulation of cardiac mechanical activity including a 3D mesh geometry. Some of them include multimodality imaging [25] or used atlases [26] to reduce the computational cost. However, these models require high computational resources, and they are still difficult to personalize. Moreover, dynamic loading conditions and interventricular interactions are usually not taken into account in these models and their integration is possible only at the expense of an increasing amount of model complexity. Alternative approaches have been proposed to overcome this computational cost [27-30], by reducing drastically the patient anatomy representation with lower dimension models. These types of models allow for a better clinical translation [31]

and incorporation of components such as heart hemodynamics within the entire circulation. Although these particular models' examples have been successfully used to propose keys to understand the CRT response with virtual or animal cohorts, efforts still have to be made in order to adapt these studies to non-invasive, patient-specific data.

In Le Rolle et al. [32], our team has proposed the first modelbased approach for the analysis of tissue Doppler imaging (TDI). Model parameters for the LV were estimated by minimizing an error computed between strain signals synthesized by the computational model and strain signals obtained through TDI from several myocardial segments in a patient-specific approach. However, this model represents only the LV and does not integrate interactions with the right ventricle (RV) or systemic and pulmonary circulations. Moreover, the approach was not validated in the case of LV dyssynchrony. The objective of this article is to propose a model-based approach in order to reproduce myocardial strain curves specifically for each patient with LBBB and to analyze patient-specific parameters. Therefore, a novel method is proposed, based on the patientspecific identification of a multi-segment model of LVs and RVs coupled to atria, systemic, and pulmonary circulations [33, 34]. Recently, our team article has proposed an interpretation of the different patterns of LV contraction observed in different cases of LBBB, based on a manual evaluation of the model parameters of three patients with LBBB [35]. Interestingly, this model took into account not only the electrical activation delay of each segment but also the differences in regional contractility, which are known to largely contribute to strain morphology and global cardiac mechanics.

The article is organized as follows: Section 2 describes the clinical data, the computational model, and patientspecific adaptation; Section 3 includes the results concerning subjects with and without LBBB; and in Section 4 results are discussed.

# 2. Materials and methods

## 2.1. Experimental data

### 2.1.1. Study population

We prospectively included 10 healthy adults and 20 patients with LBBB, including ischemic (n = 10) and non-ischemic (n = 10) cardiomyopathies. Table 1 summarizes patients' clinical characteristics. The study was carried out in accordance with the principles outlined in the Declaration of Helsinki on research in human subjects and received specific ethical approval from the local Medical Ethical Committee. All patients signed a written informed consent before participating in the study protocol.

	<b>Age</b> years old	<b>Male sex</b> <i>n</i> (%)	BSA (body surface area)	NYHA class I/II/III	QRS width (ms)
LBBB ischemia ( $n = 10$ )	$72.1\pm10.34$	9 (90%)	$1.84\pm0.12$	2/7/1	$160 \pm 25.4$
LBBB non-ischemia ( $n = 10$ )	$68.2 \pm 6.20$	8 (80%)	$1.83\pm0.15$	1/6/3	$163\pm13.04$
Healthy $(n = 10)$	$48.8 \pm 14.44$	7 (70%)	$1.88\pm0.12$	_	$109\pm9.91$

TABLE 1 Patients' clinical characteristics.

### 2.1.2. Echocardiography

All patients underwent a standard trans-thoracic echocardiography (TTE) using a Vivid S6, E7, or E9 ultrasound system (General Electric Healthcare, Horten, Norway). Images were recorded on a remote station for offline analysis by the dedicated software (EchoPAC PC, version BT 202, General Electric Healthcare, Horten, Norway). The experimental dataset includes the measured regional myocardial strain curves obtained by STE at transthoracic echocardiography in apical four-chamber, two-chamber, and three-chamber views. Excel files of these three longitudinal strain view analyses were exported for a dedicated analysis performed in python language. Strain curves references were fixed at the onset of the QRS complex.

#### 2.1.3. Cardiac magnetic resonance image

For 10 patients with LBBB, the location of the scar was performed by cardiac magnetic resonance imaging (cMRI) and then confirmed by echocardiography. Before CRT implantation, cardiac magnetic resonance was performed on a 3-T clinical magnetic resonance system (Ingenia, Philips Medical Systems, Best, the Netherlands) with a 32-channel cardiovascular array coil. LGE images were acquired 10-15 min after intravenous administration of 0.2 mmol/kg of gadolinium (Gadoterate meglumine, Dotarem, Guerbet, Aulnay-sous-bois, France), using 2D breath-hold inversion-recovery and phase-sensitive inversion-recovery sequences in the short-axis plane (spoiled gradient-echo, slice thickness 8 mm, repetition time 6.1 ms, echo time 2.9 ms, flip angle 25°, inversion time adjusted to null normal myocardium, and typical breath-hold 11 s). The localization of the myocardial scar was performed by a trained radiologist and the regional LGE extent was semiquantitatively assessed on a per-segment basis [36].

#### 2.2. Computational model

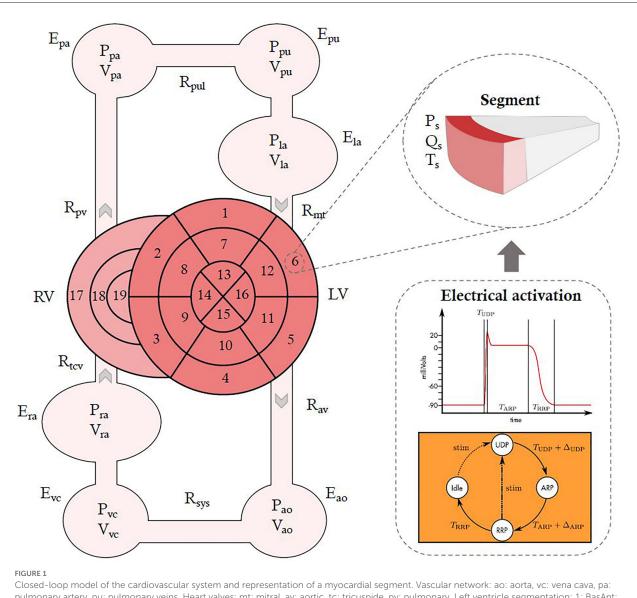
The model of the cardiovascular system (CVS) integrates four main sub-models: (1) cardiac electrical system, (2) right and left atria, (3) multi-segment representation of the right ventricles (RVs) and the left ventricles (LVs), and (4) systemic and pulmonary circulations. The combined model is characterized by 44 state variables and 551 parameters. It was implemented using the Multiformalism Modeling and Simulation Library (M2SL) [37, 38]. Equations and parameters can be found in the Supplementary material.

#### 2.2.1. Cardiac electrical system

The proposed model of the cardiac electrical activity is based on a set of coupled automata, adapted from Le Rolle [32]. In order to perform comparisons between simulations and clinical data, the LV wall was divided into 16 segments according to the standardized segmentation of the AHA [39]. The base (Bas) and medium (Mid) layers are separated in six components as follows: anterior (Ant), anteroseptal (AntSep), inferoseptal (InfSep), inferior (Inf), inferolateral (InfLat), and anterolateral (AntLat) walls. The apex (Ap) layer is divided in to four components as follows: anterior, septal, inferior, and lateral. The RV wall is divided into three layers (base, medium, and apex) (Figure 1). The whole model consists of 26 automata representing the sinoatrial node (NSA), right and left atria (RA and LA), the atrioventricular node (NAV), an upper bundle of His (UH), bundle branches (RBB and LBB), three segments of RV, and 16 segments of the LV.

The distribution of the electrical activation between automata is represented in Figure 2. Each automaton represents the electrical activation state of a given myocardial tissue, covering the main electrophysiological activation periods: slow diastolic depolarization (SDD) or waiting period (Idle), upstroke depolarization (UDP), absolute refractory (ARP), and relative refractory (RRP) (Figure 2A). The transitions between states happen spontaneously at the end of the phase. After the UDP period, each automaton transmits a stimulus to its neighboring segments. Each automaton is fully connected (antegrade and retrograde connections) to its neighbors. The connections between automaton are illustrated in Figure 2B, where we can see that the excitation arrives from the LBB automaton and is propagated to the apex, through septal automata and the medium anterolateral automaton (segments numbered 2, 3, 8, 9, 12, 13, 14, and 16), then to the other segments in the function of each automaton's parameter values ( $T_{UDP}$ ,  $T_{ARP}$ ,  $T_{RRP}$ , and  $T_{SDD}$ ).

The electrical activation delay associated with each ventricular segment could be defined by the time elapsed



pulmonary artery, pu: pulmonary veins. Heart valves: mt: mitral, av: aortic, tc: tricuspide, pv: pulmonary. Left ventricle segmentation: 1: BasAnt; 2: BasAntSep; 3: BasInfSep; 4: BasInf; 5: BasInfLat; 6: BasAntLat; 7: MidAnt; 8: MidAntSep; 9: MidInfSep; 10: MidInf; 11: MidInfLat; 12: MidAntLat; 13: ApAnt; 14: ApSep; 15: ApInf; 16: ApLat. Right ventricle segmentation: 17: BasRV; 18: MidRV; 19: ApRV.

between the electrical activation of the UH automaton and the segmental one. An illustration of this electrical activation delay is proposed in Figure 2B for the seventh LV segment (*s*7). These delays of activation, accessible for each segment, will provide us with a representation of the dyssynchrony. UH automaton activation also corresponds to the initialization of the simulated strain curves.

### 2.2.2. Right and left atria

To account for the mechanical function of the atria, the right and left atrial pressures ( $P_{ra}$  and  $P_{la}$ ) are defined as

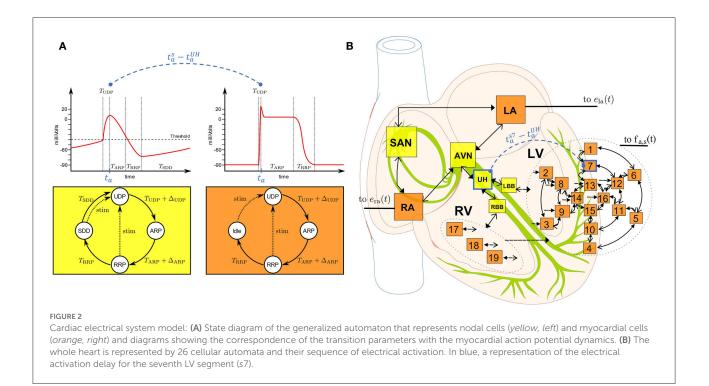
linear functions of instantaneous volumes ( $V_{ra}$  and  $V_{la}$ ). These pressures are determined by their volumes intercept ( $V_{ra,d}$ and  $V_{la,d}$ ) and their elastances ( $E_{ra}$  and  $E_{la}$ ), whose elastances represent the elastic properties of the atrial wall and are bounded by  $E_{x,min}$  and  $E_{x,max}$ :

$$P_{x}(V_{x},t) = E_{x} \cdot (V_{x}(t) - V_{x,d})$$
(1)

$$E_x(t) = e_x(t) \cdot \left( E_{x,max} - E_{x,min} \right) + E_{x,min}$$
(2)

where  $x \in \{ra, la\}$  and  $e_x(t)$  is a Gaussian driving function that cycles between atrial diastole and systole:

$$e_x(t) = A_x \cdot \exp\left(-B_x \cdot \left(t_a(t) - C_x\right)^2\right)$$
(3)



where  $t_a$  is the time elapsed since the atrial activation by the automata corresponding to the right and left atriums. Parameters  $A_x$ ,  $B_x$ , and  $C_x$  could be used to control the rise and peak of the atrial systole.

#### 2.2.3. Right and left ventricles

Each LV and RV automaton triggers an electro-mechanical driving function (EMDF) [40, 41], which represents in a simplified manner, the complex processes involved in the electro-mechanical coupling at the tissue level:

$$f_{a,s}(t_s) = \left[\frac{\left(\frac{t_s}{\alpha_1 \cdot T}\right)^{n_1}}{1 + \left(\frac{t_s}{\alpha_1 \cdot T}\right)^{n_1}}\right] \cdot \left[\frac{1}{1 + \left(\frac{t_s}{\alpha_2 \cdot T}\right)^{n_2}}\right] \cdot A_{max}.$$
 (4)

The onset of the cardiac cycle, denoted  $t_s$ , is determined by the activation instant of the corresponding segment in the cardiac electrical model presented in the previous section. The first and second terms in Eq. 4 represent ventricle segment contraction and relaxation presented after an electrical activation, respectively. *T* is the heart period,  $\alpha_1$ ,  $\alpha_2$  are shape parameters, and  $n_1$ ,  $n_2$  control the steepness of the curve. These four parameters ( $\alpha_1$ ,  $\alpha_2$ ,  $n_1$ ,  $n_2$ ) are assumed positive.  $A_{max}$  is the maximum EMDF value, and  $s \in \{S_{lv}, S_{rv}\}$  with  $S_{lv} = \{BasAnt,$ BasAntSep, BasInfSep, BasInf, BasInfLat, BasAntLat, MidAnt,MidAntSep, MidInfSep, MidInf, MidInfLat, MidAntLat, ApAnt, $ApSep, ApInf, ApLat} and <math>S_{rv} = \{BasRV, MidRV, ApRV\}$ . Concerning each segment *s*, cardiac mechanical activity can be separated into active and passive components:

$$T_s = T_{s,pass} + T_{s,act} \tag{5}$$

Passive myocardial tension depends on myocardial strain ( $\varepsilon_s = (l_s - l_{s,ref})/l_{s,ref}$ ) according to Lumens et al. [42]:

$$T_{s,pass} = K_{pass} \cdot T_{ref,pass} \cdot (36 \cdot max(0,\varepsilon_s - 0.1)^2 + 0.1(\varepsilon_s - 0.1) + 0.0025e^{10\varepsilon_s})$$
(6)

where  $K_{pass}$  is a parameter related to passive stiffness that is comprised between 0 and 1,  $T_{ref,pass}$  is the reference passive tension at  $\varepsilon_s = 1$ ,  $l_s$  and  $l_{s,ref}$  are current and reference fiber lengths. Active myocardial tension is represented by a non-linear law inspired from Hunter et al. [43]:

$$T_{s,act} = K_{act} \cdot T_{ref,act} \cdot (1 + \beta(\varepsilon_s - 1)) \cdot \frac{f_{a,s}^2}{f_{a,s}^2 + F_a^2}$$
(7)

where  $K_{act}$  is a parameter related to myofiber contractility,  $T_{ref,act}$  is the reference active tension at  $\varepsilon_s = 1$ , and  $\beta$ ,  $F_a$  are constants related to the muscle kinetic. The relation between pressure  $P_s$  and tension  $T_s$  in each segment is approximated by the Laplace law (Equation 8):

$$P_{s} = e \cdot T_{s} \left( \frac{\cos(\theta)}{\varepsilon_{s} \cdot R_{m}} + \frac{\sin(\theta)}{\varepsilon_{s} \cdot R_{p}} \right).$$
(8)

In Equation (8),  $\theta$  is the mean angle of the muscular fibers.  $R_m$  and  $R_p$  are the radii of curvature in the meridian and parallel

directions, while *e* is the mean wall thickness. As the ventricle was assumed to be an ellipsoid of revolution,  $R_p$  and  $R_m$  could be calculated analytically. Length variation is obtained by a power conservation:  $P_s \cdot Q_s = F_s \cdot dl_s/dt$ . Where the force is  $F_s = T_s \cdot S_s$ ,  $S_s$  is the area of each segment. The hydraulic behavior of the blood volume in contact with the wall segment are represented by its inertial ( $I_s$ ) and resistive ( $R_s$ ) effects:

$$P_y - P_s = I_s \frac{dQ_s}{dt} \tag{9}$$

$$Q_s = \frac{P_y - P_s}{R_s} \tag{10}$$

with  $y \in \{lv, rv\}$  and  $R_s \in \{R_{min}, R_{max}\}$  according to the mitral valve opening. Ventricular flow is calculated taking into account the contribution of the flow of each one of the segments  $Q_{s,y}$  and of the intra-ventricular cavity  $Q_{c,y}$ :

$$Q_{y}(t) = Q_{c,y}(t) + \sum_{s_{y}} Q_{s,y}(t)$$
(11)

where  $P_y$  and  $Q_y$  are, respectively, cavity center pressure and flow. Segments, associated with the septum, are treated separately since their pressure depends on the pressure gradient across the septal wall:

$$P_{sept} = P_{lv} - P_{rv}.$$
 (12)

#### 2.2.4. Systemic and pulmonary circulations

The arteries, veins, and capillaries of systemic and pulmonary circulations were included (Figure 1). The volume change,  $\Delta V$ , of each compartment is computed from the integral of their respective net flow:

$$\Delta V_z(t) = \int (Q_{in} - Q_{out}) \,\mathrm{d}t \tag{13}$$

with  $z \in \{lv, rv, la, ra, pa, pu, ao, vc\}$ , and *in* and *out*  $\in \{la, ra, pa, pu, ao, vc, sys, pul, art, veins\}$ , while the flow, *Q*, is defined by the pressure gradient,  $\Delta P$ , across chambers and a resistance, *R*:

$$Q = \frac{\Delta P_z}{R} \tag{14}$$

 $R \in \{R_{pul}, R_{sys}, R_{art}, R_{veins}, R_{la}, R_{ra}, R_{mt}, R_{av}, R_{tcv}, R_{pv}\}.$ Pressures on venous and arterial vessels are defined as an elastance dependent relationship:

$$P_z = E_z \cdot (V_z - V_d) \tag{15}$$

 $V_d \in \{V_{d,lv}, V_{d,rv}, V_{d,la}, V_{d,ra}, V_{d,pa}, V_{d,pv}, V_{d,ao}, V_{d,art}, V_{d,vc}, V_{d,veins}\}$ , where *E* is the elastance and  $V_d$  refers to the dead volume. For example, these equations become as follows:

$$\Delta V_{ao}(t) = \int (Q_{ao} - Q_{sys}) \,\mathrm{d}t,\tag{16}$$

$$Q_{sys} = \frac{P_{ao} - P_{vc}}{R_{sys}},\tag{17}$$

$$P_{ao} = E_{ao} \cdot (V_{ao} - V_{d,ao}) \tag{18}$$

in the systemic part of the model (Figure 1 bottom). The same equations are applied all around the myocardial loop. The heart valves are modeled as perfect diodes.

# 2.2.5. Simulations of desynchronization strain patterns

Desynchronization strain patterns were obtained by modifying electrical activation delays of the LV segments (*UDP*) and the tissue contractility  $K_{act}$ . These parameter modifications could be done independently on each segment at the same time. As performed in Owashi et al. [35], model parameters were adjusted manually in order to reproduce characteristic strain patterns for a healthy subject and three patients with typical LBBB.

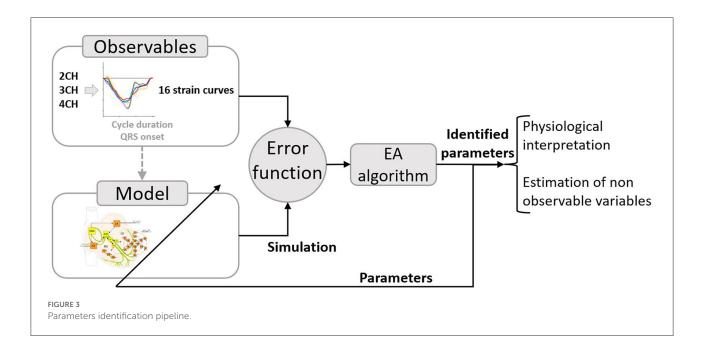
## 2.3. Patient-specific adaptation

#### 2.3.1. Sensitivity analysis

The first step of patient-specific adaptation corresponds to the sensitivity analysis of the model in order to provide insight into the relation between parameters and outputs and to allow a characterization of the relative significance of each parameter. Using the Morris elementary effects method [44], the sensitivity of each parameter is estimated by repeated measurements of a simulation output *Y* with parameters **X**, while changing one parameter  $X_j$  at a time.

The analysis was applied to a total of 288 parameters with 18 parameters for each of the 16 segments: one from the electrical automaton and the 16 other one from the electro-mechanical coupling part of the segmental sub-model equivalent. The circulatory parameters were previously studied in Calvo et al. [33]. In the proposed article, our analysis is focused on the LV desynchrony and especially on the influence of electromechanical parameters on strain morphologies. In order to preserve computational costs, we have decided to include only parameters associated with the electro-mechanical activity of ventricles. For each parameter  $X_i$ , the range of possible values was selected from the nominal literature and previous work values  $\pm 30\%$  [34, 45, 46], except for the electrical depolarization time parameter (UDP) that the range was defined between 2 and 150 ms. The resulting change in Y, compared to the simulation output using the initial values of X, is calculated by the elementary effect:

$$EE_j^* = \left| \frac{Y(X_1, \dots, X_j, \dots) - Y(X_1, \dots, X_j + \Delta, \dots)}{\Delta} \right| \quad (19)$$



where  $\Delta$  is a predefined variation, such as  $\Delta = \frac{p}{2(p-1)}$ . The parameter p and the number of trajectories r were equal respectively to 6 and 30 in this study.  $EE_j$  is calculated r times. Then, the mean  $(\mu^*)$  and standard deviation  $(\sigma)$  of these effects are computed to derive sensitivity information of each parameter j. In order to establish a global rank of importance among parameters, we calculated the Euclidean distance  $D_j$  in the  $\mu^* - \sigma$  plane, from the origin to each  $(\mu_i^*, \sigma_j)$  point:

$$D_j = \sqrt{(\mu_j^*)^2 + \sigma_j^2}.$$
 (20)

The analysis was performed with the following:  $Y = \{ \text{mean}(\varepsilon_{min,s}^{model}), \text{mean}(t(\varepsilon_{min,s}^{model})), \text{std}(\varepsilon_{min,s}^{model}), \text{ and}$   $\text{std}(t(\varepsilon_{min,s}^{model})) \}$ , where  $\varepsilon_{min,s}^{model}$  and  $t(\varepsilon_{min,s}^{model})$  correspond, respectively, to the minimum value of strain and the corresponding time for each segment *s*. The mean and standard deviation values were calculated over the 16 strain signals.

#### 2.3.2. Parameter identification

The second step of the patient-specific adaptation is the identification of a set of parameters selected from the sensitivity analysis. Figure 3 illustrates the parameters identification process.

For each healthy adult and patient with LBBB, an error function *J*<sub>error</sub> between simulation outputs and experimental strain curves was minimized in order to find patient-specific parameters:

$$J_{error} = \sum_{s=1}^{16} J_s \tag{21}$$

$$J_{s} = \frac{1}{T_{c}} \sum_{t_{e}=0}^{T_{c}-1} |\varepsilon_{s}^{exp}(t_{e}) - \varepsilon_{s}^{model}(t_{e})| + |\varepsilon_{s,min}^{exp} - \varepsilon_{s,min}^{model}|$$
(22)

where  $\varepsilon_s^{exp}$  and  $\varepsilon_s^{model}$  are the myocardial strain signals obtained from available clinical data and simulated outputs, respectively. te corresponds to the time elapsed since the onset of the identification period and  $T_c$  is the duration of a cardiac cycle. To build this error function, experimental and simulated strain curves were synchronized on the onset of QRS of synthesized and clinical ECG. The error function Jerror was minimized using evolutionary algorithms (EA). These stochastic search methods are founded on theories of natural evolution, such as selection, crossover, and mutation [47]. In this study, a differential evolution (DE) algorithm [48] was applied to find the optimal set of parameters. In order to reduce the search space, values for parameters were bounded to the physiologically plausible intervals:  $I_{K_{act}} = [0; 1], I_{K_{pass}} = [0; 1],$  $I_{n_1} = [0.5; 2], I_{n_2} = [5; 15], I_{\alpha_1} = [0.2; 0.6], I_{\alpha_2} = [0.2; 0.6],$  $I_{UDP} = [1; 200]$ . These intervals were defined around parameter values used for the simulation of baseline conditions and are based on physiological knowledge of the electromechanical activities of the heart. DE was implemented with 200 individuals through 100 generations with crossover and mutation probabilities equals to 0.9 and 0.02 using the C++ library PAGMO (parallel global multiobjective framework for optimization) [49].

### 2.3.3. Solution unicity

In order to evaluate the robustness of our method, we repeated 10 times our identification process on five patients.

Two patients of the healthy and LBBB ischemic population and one in the LBBB non-invasive population were randomly chosen for this evaluation. In fact, a different set of parameters could give similar simulated strain curves. The 10 obtained sets of parameters were analyzed to justify the solution unicity of the identification process by comparing the distribution of each parameter  $p_i$  in its own value interval  $I_{p_i}$ . For each parameter, the ratio of the standard deviation over its value interval length was calculated. Then, the average was calculated over the 16 LV segments and expressed as the percentage:

$$R_{p_i}^s = \frac{std(p_i^1, p_i^2, ..., p_i^9, p_i^{10})}{max(I_{p_i}) - min(I_{p_i})}, R_{p_i} = \frac{100}{16} \sum_s R_{p_i}^s$$
(23)

where  $p_i \in \{K_{act}^s, K_{pass}^s, n_1^s, n_2^s, \alpha_1^s, \alpha_2^s, UDP^s\}$  and  $s \in \{BasAnt, BasAntSep, BasInfSep, BasInf, BasInfLat, BasAntLat, MidAnt, MidAntSep, MidInfSep, MidInf, MidInfLat, MidAntLat, ApAnt, ApSep, ApInf, ApLat\}.$ 

# 2.3.4. Quantification of error between simulated and clinical data

In order to compare simulated and clinical strain curves, the root-mean-square error (RMSE) was calculated for each segment *s* :

$$RMSE_{s} = \sqrt{\frac{1}{T_{c}} \sum_{t_{e}=0}^{T_{c}-1} (\varepsilon_{s}^{exp}(t_{e}) - \varepsilon_{s}^{model}(t_{e}))^{2}}$$
(24)

A mean RMSE value, over the 16 segments, was calculated for each subject. Moreover, bull's-eye plot was used to describe mean RMSE values calculated for each segment over each population: patients with healthy, ischemic LBBB, and nonischemic LBBB.

# 3. Results

### 3.1. Baseline simulations

Figure 4 illustrates a simulation results' example from the proposed computational model with a set of parameters determined in previous work and literature (the set of parameter values are included in Supplementary material). Ventricular, aortic, and atrial pressures as well as ventricular volume are presented on the left of the figure. Myocardial strain signals corresponding to the 16 LV segments are presented on the right of the figure. The results are presented for a healthy case. Systolic LV pressure is equal to 120 mmHg and the aortic pressure varies between 50 and 120 mmHg. The LV volume varies between 70 and 130 mL. The strain signals present similar morphologies between them. Generally, simulation results agree with the physiological values and behaviors of a healthy subject.

# 3.2. Simulations of desynchronization strain patterns by parameter variations

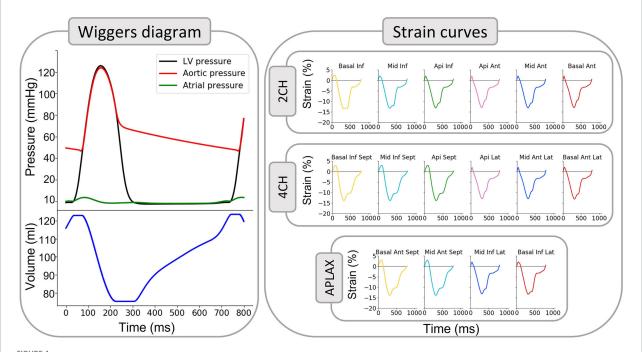
Figure 5 illustrates the simulated strain traces obtained in the septal and lateral walls for a healthy subject, LBBB with only electrical modification, LBBB with electrical modification and septal contractility reduction, LBBB with electrical modification and lateral contractility reduction. First, to induce an electrical modification, the electrical delay of all the LV segment were increased as well as the electrical delay of the LBBB. Then, the septal and lateral hypocontractility was respectively induce by a reduction of the active components of the LV septal and lateral segments:  $K_{act}$ .

In the case of LBBB with only electrical modification, simulations present a typical septo-to-lateral activation pattern. In this case, the pre-ejection contraction of the septal wall is followed by an immediate re-lengthening of the wall, which induces a septal rebound stretch. In the septal hypocontractility case, the rebound stretch effect increases. The lateral hypocontractility case is characterized by a modification of the LV activation pattern and is associated with a significant reduction in lateral wall strain and a diminution of the septal rebound stretch. The simulations could be related to Aalen et al. [6] experimental results, where LBBB was induced in dogs with or without LV scar and previous results of our team [35].

## 3.3. Sensitivity analysis

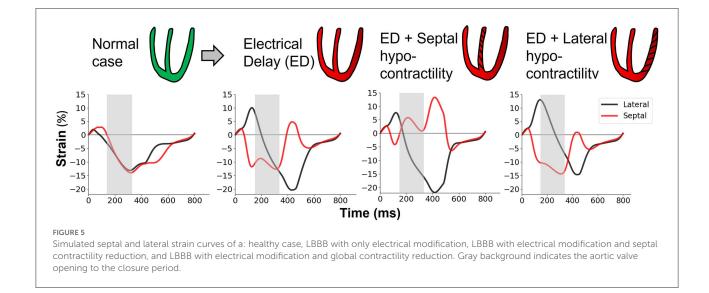
Figure 6 shows a Morris scheme where 100 of the most influential parameters are plotted in the  $\mu^* - \sigma$  plane based on the  $D_j$  index (full lists of the sensitivity analysis results with all the parameters are included in Supplementary material). This representation highlights the parameters with negligible (in the lower left-hand corner), the linear without interaction (at the bottom right), and non-linear or interaction (on the top right) impact on Y. Parameters  $\alpha_2$  and  $n_1$  present a great recurrence impact on the sensitivity of the evaluated outputs Y. In fact, as  $\alpha_1$  and  $n_2$ , they are involved in the electro-mechanical coupling at the tissue level (Equation 4) which cause modifications in mechanical contraction and, consequently, in the deformation of the LV segments. These parameters appear especially important for lateral and septal segments.

UDP, related to the electrical depolarization time, is also one of the most influential parameters. UDP is the time of the upstroke depolarization, it drives the activation of the neighbor's automata and affects the  $t_a$  and  $t_s$  value of the Equations (3, 4).  $t_a$  is the time elapsed since the beginning of the activation and  $t_s$  is initialized by the activation of the neighbors so directly impact by the UDP times of the previous automata. If we look closer at the sensitivity analysis, we can notice that the UDP related to the apical segments has the highest influence



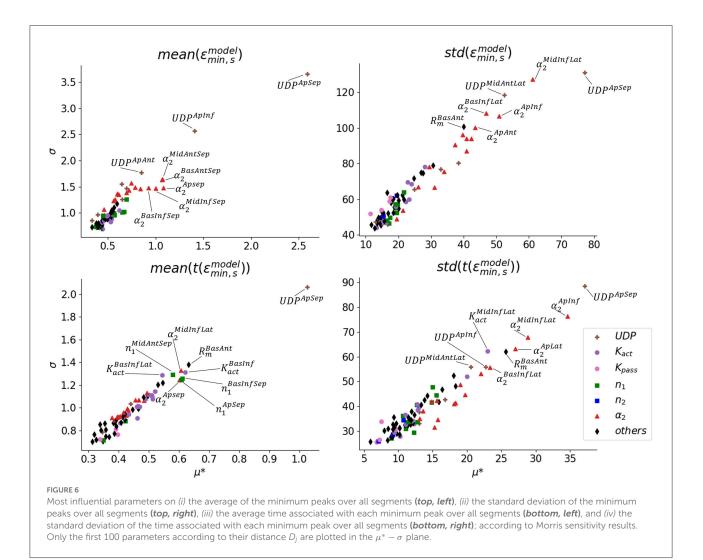
#### FIGURE 4

Model simulation example results in healthy conditions. *Wigger diagram:* left ventricle (*black*), aortic (*red*) and atrial pressure (*green*), and LV volume (*blue*). *Strain curves:* 16 LV segments strain signals for the three views (2CH, 4CH, and APLAX).



on the mean and standard deviation of the minimum strain value as well as the corresponding time. This could be explained by the electrical path. Indeed, the electrical and mechanical activities are closely related therefore, the deformation of a segment is highly dependent on the occurrence of electrical depolarization.  $K_{act}$  and  $K_{pass}$ , respectively related to the active and passive components of the cardiac muscle, show also high sensitivity.

Results from the sensitivity analysis were used to select the seven most significant model parameters to be identified for each segment: parameters related to the EMDF  $(n_1, n_2, \alpha_1, \alpha_2)$ , the active  $(K_{act})$  and passive  $(K_{pass})$  components of the cardiac muscle and the electrical depolarization time (UDP). The electrical depolarization time of the left bundle branch  $(UDP^{LBB})$  was also added to the parameter identification list.



# 3.4. Patient-specific simulations

### 3.4.1. Segmental strain curves

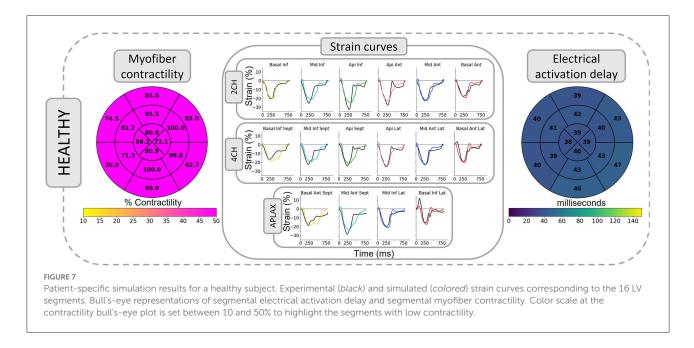
Myocardial strain curves of the 16 LV segments acquired by experimental measurements and patient-specific simulations are presented in one representative healthy subject (Figure 7), an anterior ischemic (Figure 8) and a non-ischemic (Figure 9) patient with LBBB (all results are included in Supplementary material). For both healthy and LBBB cases, a good agreement was observed between clinical and simulated strain signals. The RMSE errors are similar through the 16 strain curves for each patient in both patient with LBBB types. Concerning healthy cases, the strain curves present similar morphologies in all the segments due to the synchronization in all LV regions when the myocardium contracts, but we can notice some difficulties to well fit the basal anterior and lateral strain in some healthy patients. The Figure 10 presents this RMSE average by regions for the three groups (the same RMSE bull's-eye representation is included in Supplementary material

for each patient). The mean RMSE between estimated and observed strain signals in the healthy adults was equal to 5.04  $\pm$  1.02 (Table 2).

In LBBB cases, the mean RMSE was equal to 3.90  $\pm$  1.40% (Table 2). In these cases, the strain curves obtained in patients with LBBB present dissimilar morphologies between the different segments. Particularly, the septum and the lateral wall segments of the ventricle present opposite curves, where the shortening of septal segments occurs at the same time as in the lengthening of lateral segments.

### 3.4.2. Bull's-eye representations

From patient-specific simulations, segmental electrical activation delay and the percentage of myofiber contractility  $(K_{act})$  were represented on bull's-eye plots in Figures 7–9, for three representative cases : (1) Healthy adult, (2) patient with LBBB with LV anterior ischemia, and (3) patient with non-ischemic LBBB.



In LBBB cases, electrical activation bull's eye shows a significant electrical activation delay between the lateral and the septal wall of the LV; while in the healthy case, all LV segments are activated almost synchronously. Furthermore, the LBBB patient with LV anterior ischemia presented reduced contractility in anterior segments of the bull's-eye representation (Figure 8).

#### 3.4.3. Unicity evaluation

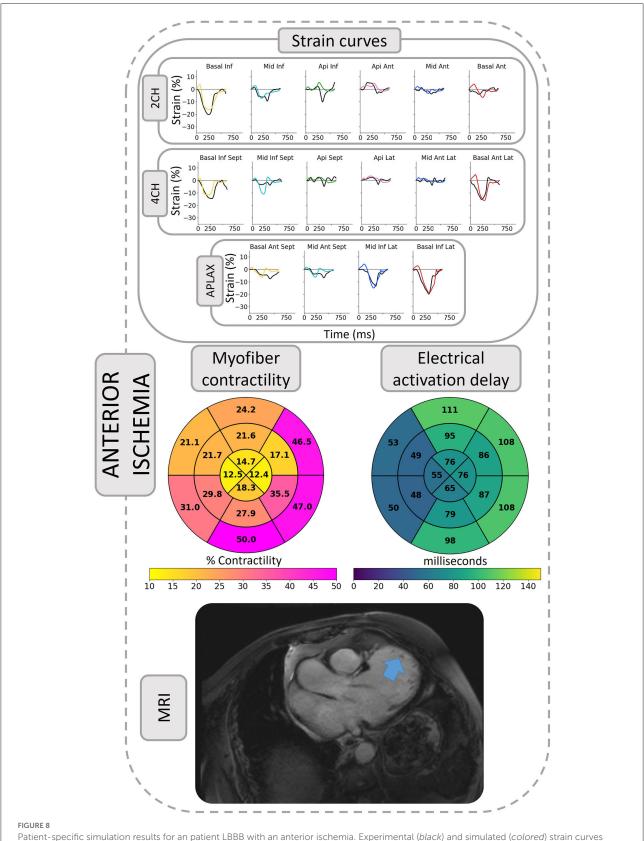
The ratio of the mean standard deviation over the interval length of each type of parameter is presented in Table 3. The result of the repeated identification shows that the parameter values are gathered in the same part of the possible values of the interval. In fact, for all the parameters this means the standard deviation is between 0.34 and 16.32% of their respective interval. Especially for the electrical parameter *UDP*<sup>LBB</sup>, the ratio is less than 0.6%.

## 4. Discussion

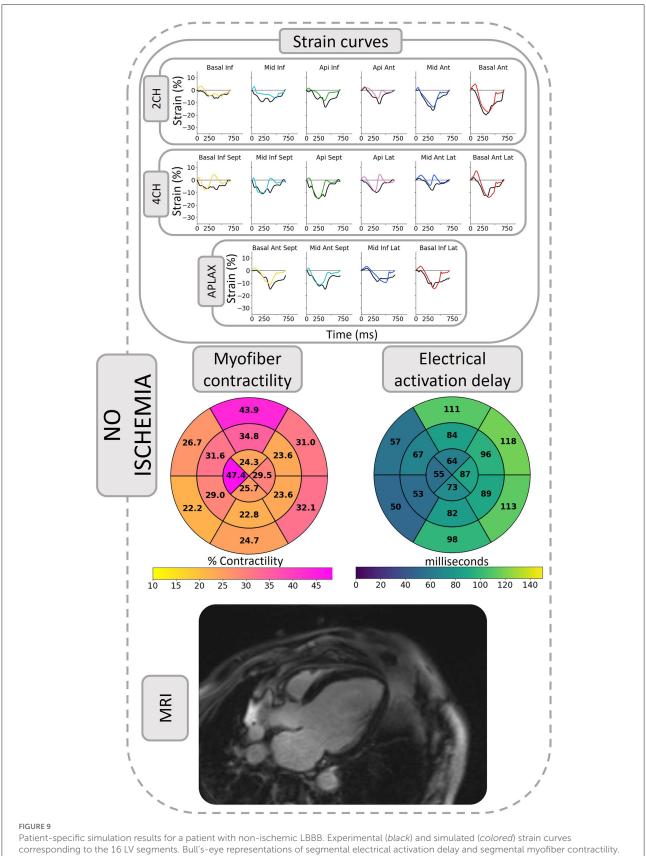
This article presents a novel model-based approach that yields simulations of patient-specific strain curves in several LV regions for healthy adults and patients diagnosed with LBBB. The main contributions of this study are as follows: (i) the proposal of an integrated model of the CVS coupled to multi-segment representations of ventricles (ii) the sensitivity analysis of model parameters on myocardial strains, (iii) the identification of model parameters to reproduce myocardial strain curves specifically for each patient, and (iv) the analysis of patient-specific identified parameters.

The proposed CVS model is based on a functional integration of interacting physiological systems that takes into account the electro-mechanical coupling, the interventricular interaction, and a simplified representation of systemic and pulmonary circulations. The model includes the main cardiac properties required to tackle the problem under study, like the Frank-Starling law and the influence of preload and afterload. Results illustrate the model ability to simulate jointly the hemodynamic variables and myocardial deformations. Strain curves notably reflected typical characteristics associated with each phase of the cardiac cycle. In order to personalize models to patient-specific data, a large number of simulations should be performed. In opposition to FEM representations [17], the proposed model requires limited computational resources, as the simulation of one cardiac cycle (1,000 ms of simulation) takes approximately 0.5 s (Processor : 2,2 GHz Intel Core i7). The low computational cost is of primary importance to use cardiac modeling in clinical practice and to adapt models to each patient.

The first step of patient-specific adaptation is the sensitivity analysis of model parameters, which highlights (*i*) the close relationship between cardiac electrical and mechanical systems and (*ii*) the importance of active and passive properties of the myocardium during cardiac contraction. The analysis results show that the electric stimulation timing between the different segment has a great importance in the variability between the strain curves. The sensitivity analysis also highlights the importance of parameters related to myocardial mechanical properties. In fact, a close relationship exists between excitation and contraction since a synchronous ventricular activation is a prerequisite for an adequate LV function, whereas the electrical activation delay between opposite LV walls might lead to dyssynchronous ventricular contraction and LV failure



Patient-specific simulation results for an patient LBBB with an anterior ischemia. Experimental (*black*) and simulated (*colored*) strain curves corresponding to the 16 LV segments. Bull's-eye representations of segmental electrical activation delay and segmental myofiber contractility obtained by patient-specific simulations. The ischemia is localized on the cMRI (blue arrow).



No ischemia is localized on the cMRI.

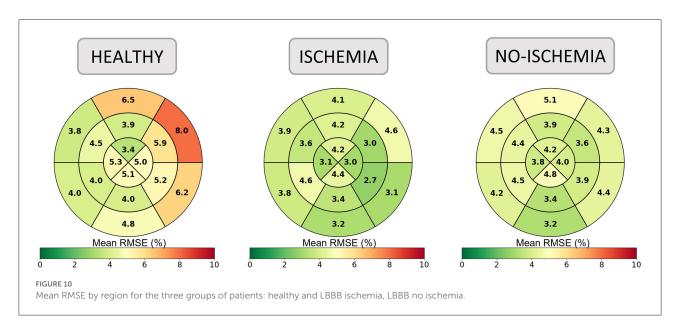


TABLE 2 Mean RMSE between the 16 experimental and simulated LV strain curves of the study population.

Healthy	Mean RMSE	LBBB (Ischemia)	Mean RMSE	LBBB (Non-ischemia)	Mean RMSE
Patient 1	$4.91\pm2.16$	Patient 1	$2.71 \pm 1.13$	Patient 1	$3.47 \pm 1.03$
Patient 2	$3.89 \pm 1.08$	Patient 2	$2.88 \pm 1.0$	Patient 2	$3.63\pm0.82$
Patient 3	$4.77 \pm 1.53$	Patient 3	$2.50\pm0.56$	Patient 3	$5.03 \pm 1.49$
Patient 4	$4.19\pm1.13$	Patient 4	$1.96\pm0.69$	Patient 4	$4.38\pm2.06$
Patient 5	$5.41 \pm 1.66$	Patient 5	$3.51\pm1.1$	Patient 5	$3.73\pm1.3$
Patient 6	$6.23 \pm 12.45$	Patient 6	$4.50 \pm 2.42$	Patient 6	$2.99 \pm 1.0$
Patient 7	$3.43\pm0.88$	Patient 7	$8.23\pm3.42$	Patient 7	$5.71\pm2.29$
Patient 8	$5.45 \pm 1.84$	Patient 8	$1.99\pm0.72$	Patient 8	$3.15\pm1.48$
Patient 9	$6.72\pm2.38$	Patient 9	$4.60\pm2.50$	Patient 9	$4.36\pm1.76$
Patient 10	$5.4 \pm 2.3$	Patient 10	$3.72\pm1.33$	Patient 10	$4.86\pm2.06$

TABLE 3 The mean ratio of the standard deviation over interval length for 10 identification repetitions over five patients (two LBBB with ischemia, one LBBB without ischemia, and two healthy).

	Patients	Kact	Kpass	<i>n</i> <sub>2</sub>	$n_1$	α2	α1	UDP	UDP <sup>LBB</sup>
2	LBBB ischemia	16.32	2.17	9.39	2.74	1.84	3.45	2.60	0.47
		9.07	2.01	14.02	2.82	2.48	3.20	3.24	0.58
1	LBBB no-ischemia	12.96	2.00	10.44	3.18	1.82	3.21	2.85	0.49
2	Healthy	15.51	1.46	10.42	2.32	1.69	2.83	2.61	0.34
		12.66	1.47	9.80	2.18	1.42	3.10	2.34	0.44

[50]. Nevertheless, it has been shown that typical myocardial strain morphologies in LBBB could be modified by the presence of scar and low regional LV contractility (Figure 5 illustrates this point, by presenting different pattern though the independent modulation of parameters related to the electrical behaviors and to the tissues contractility quality). Moreover, the parameters of the septal and lateral part of

the LV present the highest influence on the strain curves dyssynchrony. This is particularly interesting knowing the recent study on the importance of the septal variability in the contribution of the LV reverse modeling [6]. In this context, the ability of the model to disclose the relationship between electrical activation delay and LV contractility has pivotal importance because it might ease the identification of myocardial substrates that more prone to be associated with CRT response.

In the second step of patient-specific adaptation, EA were used to identify the most influential parameters in each patient. The error function was minimized based on experimental and simulated strain curves previously synchronized on the onset of QRS of synthesized and experimental ECG. Patientspecific simulations have shown satisfactory results since we observed a good agreement between simulated and experimental myocardial strain curves given the reproducibility of strain signals [51, 52]. For healthy cases, morphologies of the myocardial strain curves were similar in all segments due to the synchronous contraction of the entire LV [36]. Associated bull's eyes show normal electrical activation times and elevated contractile levels.

In most patients with non-ischemic LBBB, the early activation of the LV septum, followed by the delayed activations of the LV wall [53, 54], causes a typical myocardial strain pattern. This pattern is characterized by an early marked shortening of the septum in the pre-ejection phase, known as "septal flash" [55] followed by an immediate re-lengthening of the septum, the "septal rebound stretch." Both the septal flash and septal rebound are known to be predictors of CRT response [4, 56].

In ischemic patients, the typical activation pattern induced by LBBB can be disrupted by the association of electrical delay and inhomogeneous LV contractility. In patients with LBBB and lateral scar, hypocontractile regions are localized in the lateral wall. In this case, deformation patterns are highly modified because the local impairment of contractility in the lateral wall caused the loss of the rebound stretch in the septum [6]. On the contrary, the presence of an anterior scar was associated with a reduced contractility of the corresponding myocardial segments and had less impact on septal deformation [6]. The strength of our model was, therefore, to reproduce the "atypical" strain patterns observed in patients with LBBB and ischemic cardiomyopathy thought the correct localization of the hypocontractile segments, which correspond to areas of myocardial scar identified by a clinician based on cMRI. Although the scare localizations, observed with cMRI, are not provided on a per-segment basis, it was possible to make a correspondence between low contractility segments and scars regions. Segments associated with low contractility corresponds to the areas of myocardial scar observed with cMRI.

There are several important consequences of our findings. First, the results of our model-based approach underscore that septal motion and global strain morphologies are not only explained by electrical conduction delay but also by the heterogeneity of contractile levels within the myocardium and suggest that the evaluation of LV dyssynchrony should take into account both electrical delay and regional mechanical function. Second, the application of a model-based approach could bring additional information on the regional electrical and mechanical function of the LV from the simple analysis of echocardiography data. This is particularly important because it can help to disclose the intrinsic complexity of LV mechanics in CRT candidates, and represents a step forward in the development of personalized LV modeling in the field of CRT. Third, one of the main strengths of the approach was to perform a parameter identification process for the patient-specific estimations of the segmental strain curves. In order to build the cost function, experimental and simulated strain curves were synchronized on QRS peaks of synthesized and experimental ECG. Model parameters were identified from the myocardial strain curves of the 16 LV segments acquired by STE. For both healthy and LBBB cases, a good agreement was observed between measured and estimated strain signals.

These results bode well in our model capacity to reproduce clinical measurements and could be promising in the LV function analysis for an individual patient and eventually in the prediction of optimal treatments.

Although several studies have successfully used computational models of the CVS to understand myocardial deformation patterns [20, 57, 58], or investigate the best CRT pacing location [20, 21, 59] our approach provides interesting advantages and originalities. The multi-segment model of the LV allows not only the analysis of the deformation curves of the septal and lateral walls but also the strain signals of all the ventricular regions. Therefore, the proposed model resolution was adapted to the standardized segmentation of the AHA, keeping a similar abstraction level as clinicians for the analysis of strain signals. It also uses data from 2D STE, highly accessible in clinical routine with well-known strengths and limitations. Moreover, our approach applies a parameter identification process, providing customized models specifically for each patient and allowing the recognition of hypocontractile areas that could be associated with the presence of fibrosis.

# 5. Limitations

The proposed model-based approach presents some limitations that should be mentioned. Several hypotheses were made in order to propose tissue-level representations of ventricles: (i) the ventricular torsion was neglected, (ii) the mechanical continuity between myocardial segments was not always assured because ventricles are represented by a set of sub-pumps controlled by a coordinated electrical activity and coupled in the hydraulic domain, (iii) only mean myocardial fiber orientation was considered, and (iv) electro-mechanical coupling was approximated by an analytic expression.

Despite these hypotheses, the model definition is in accordance with the problem under study and appears to be a useful tool to assist the in interpretation of strain data. Moreover, in order to reduce computational costs, only a small sample of variables was selected for parameter identification. The heterogeneity in parameters is mainly explained by pathological characteristics of LBBB patients (ischemic tissues, alterations of cardiac electrical pathways,...). Parameter heterogeneities are also reflected in strain values and morphologies that could be observed for myocardial segments of the same patient. These parameters may also have absorbed changes in other fixed parameters. For instance, septal segment parameters may have been affected by RV variations. Thus, a wider range of parameters could be included in the future. Finally, this study is based on a small population of patients with LBBB, an extension of our simulation on a larger clinical database and simulation repetitions should give us a better estimation of the reproducibility and the robustness of the method.

Moreover, as the results show, the surface of the hypocontractile regions seems overestimated. That suggests a diffusion of the tissue quality in the parameters identification process. In the same way, a mismatch still exists between the experimental and simulated curves. Some efforts must still be made to reduce it, but the simplifications chosen in the model definition, as well as the reduce number of parameters used in the patient-specific identification, explain it. Future work must be dedicated on a precise validation of identified parameters that are not validated yet, due to clinical difficulties to measure it on such a population.

Nevertheless, this work proposes patient-specific simulations of strain curves in the case of LBBB in association with ischemia and the proposed approach is a step forward toward the integration of computational models in the patient selection process before CRT procedures. Future work will be dedicated to evaluate the proposed model-based indices, in wider multi-parametric approach [60], for the prediction of CRT response.

## 6. Conclusion

In this work, we propose a novel model-based approach for the analysis of myocardial strains in patients with LBBB. The global method is based on (*i*) a physiological model of the CVS that integrates the electrical, mechanical, and hydraulic processes leading to ventricular contraction and (*ii*) a parameter identification procedure for patient-specific simulations. The proposed model-based approach was evaluated with echocardiography data from 10 healthy individuals and 20 patients with LBBB. Results show a close match between experimental and simulated strain curves in all the cases. Furthermore, the approach is able to reproduce electrical activation delay and segmental myofiber contractility properly.

More extensive evaluations including a greater population of patients, as well as the analysis on a wider multiparametric approach, should be performed in the future. Nevertheless, this article presents a first work toward the evaluation of myocardial strain signals and the assessment of certain echo-based parameters by patient-specific simulations based on computational models. The proposed personalized approach represents a promising tool for the LV mechanical dyssynchrony understanding and CRT responders identification.

# Data availability statement

The original contributions presented in the study are included in the article/Supplementary material, further inquiries can be directed to the corresponding author.

# **Ethics statement**

The studies involving human participants were reviewed and approved by ethical approval from of the Local Medical Ethics Committee (Person Protection Committee West VCPP Ouest V). The patients/participants provided their written informed consent to participate in this study.

# Author contributions

MT, KO, AIH, and VL conceived and designed the study. EG, JD, AH, and ED performed the clinical measurements and analyzed the experimental data and study population. KO, VL, and AIH developed the model. MT and KO run the *in silico* experiments and analyze. KO, MT, EG, AIH, and VL interpreted the results. MT, KO, and VL prepared the figures and drafted the manuscript. All the authors revised, read, and approved the final version of the manuscript.

# Funding

This work was supported by the French National Research Agency (ANR) (ANR-16-CE19- 0008-01) (project MAESTRo) and the French Brittany council (ADvICE project).

# **Conflict of interest**

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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## Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fams.2022.833003/full#supplementary-material

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