

# COMPARISON OF DYNAMIC *IN VITRO* DIGESTION OF HUMAN MILK VS. STANDARD INFANT FORMULA TO BETTER UNDERTAND THEIR DIGESTIVE KINETICS

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# INTRODUCTION and OBJECTIVE

Human milk (HM) is an optimal bioactive fluid, which meets infant requirement and is frequently substituted by infant formula (IF).

These two infant diets are assumed to have different digestion kinetics although they are rarely directly compared.

The present study aimed to evaluate the digestion kinetics and the structure evolution using the DIDGI® dynamic digestion system at the infant stage

## **METHODOLOGY**

In vitro digestion



Human Milk: Pool of 50 raw milk samples

Lactation time: 1.8 - 2 months post-delivery

1.0% true proteins, 2.8% lipids

- Gradual decrease of gastric pH  $\rightarrow$  pH=  $8\times10^{-5}\times$  time<sup>2</sup> –0,031× time + pH <sub>meal</sub>
- Enzymes: Rabbit Gastric Extract + Porcine pancreatin. Bovine bile

Parameters based on literature (Roman et al. 2007.; Bourlieu et al 2014):

Gastric emptying by Elashoff fitting (half-time emptying –  $T_{1/2 \text{ HM}}$  = 47 min;  $T_{1/2 \text{ IF}}$  = 78 min).



Infant formula: NativIF basic IF powder (Yu et al. 2021)

Rehvdrated at 4 407

Rehydrated at 1.4% true proteins, 3.2% lipids

#### **Sampling times** (min of digestion):

- Diet (G0)
- Gastric phase: G20, G40, G80, G120, G180\*
- Intestinal phase: I20, I40, I80, I120, I180

\*only for IF sampling

#### MACROSCOPY Scale

#### **Evolution of the matrix structure**

- Laser light scattering
- Confocal microscopy(Confocal Zeiss)

#### MOLECULAR scale

Lipolysis & Proteolysis

- •GC : Gas chromatography
- SDS-Page
- OPA

### RESULTS

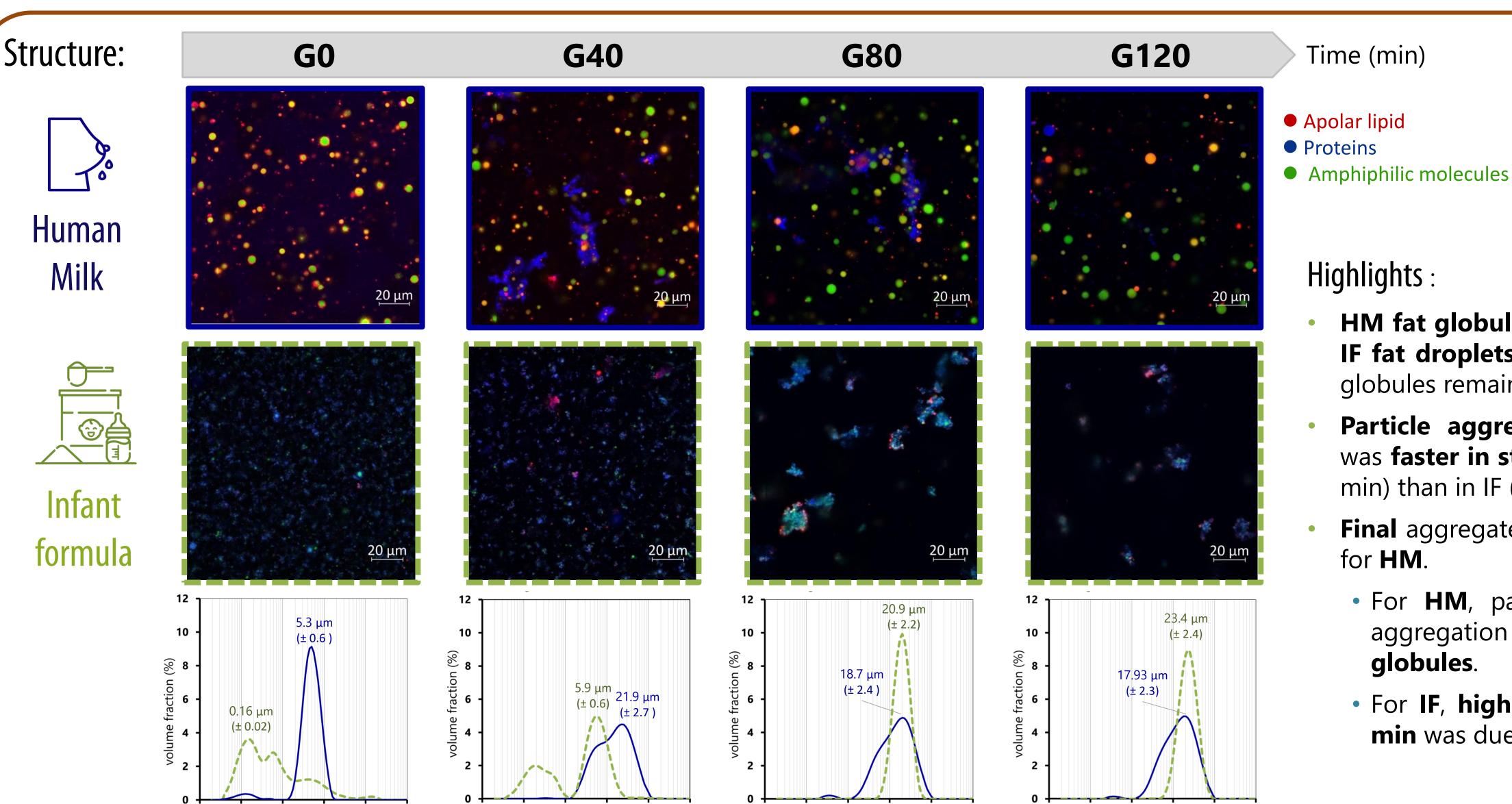
Human

Milk

Infant

DIDGI® system

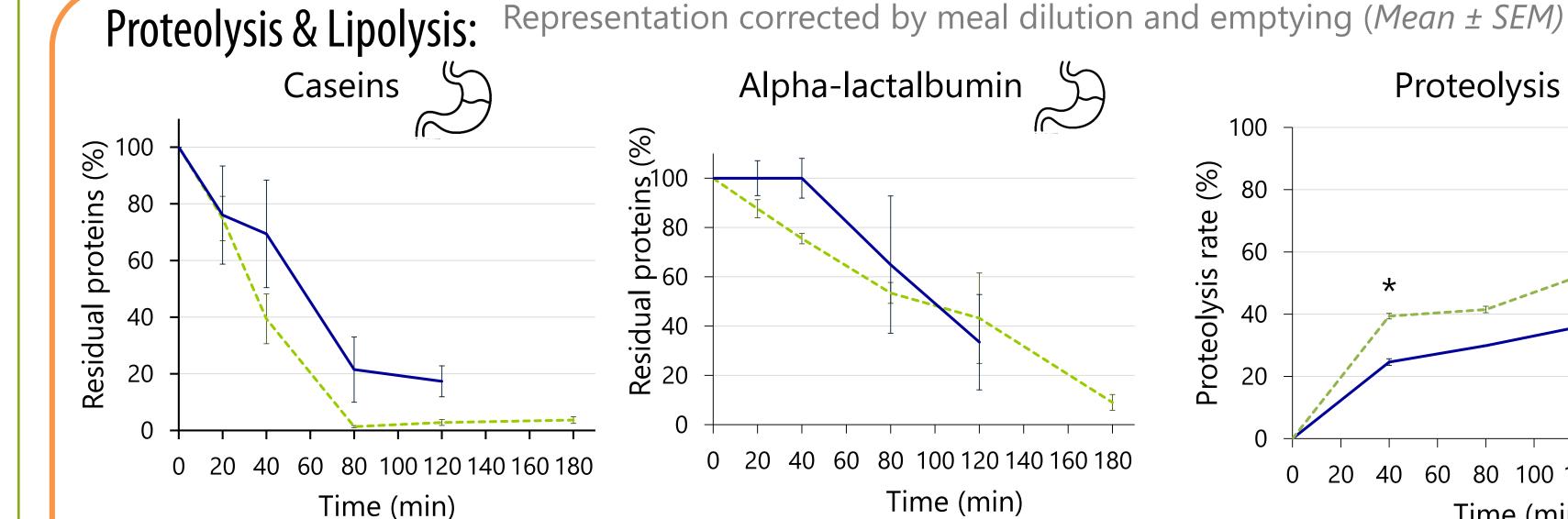
—— Human milk ——— Infant formula



# Highlights:

Time (min)

- HM fat globules were sized around 5 µm while IF fat droplets were sized under 1 µm. HM fat globules remained present across time.
- Particle aggregation specifically protein one was **faster in stomach** during **HM** digestion (40 min) than in IF (80 min).
- Final aggregate sizes were more heterogenous for **HM**.
  - For **HM**, particle size was due to protein aggregation and remaining native fat globules.
  - For IF, high particle size observed after 80 min was due to protein aggregation.



Particule size (µm)

Proteolysis Proteolysis rate (%) 80 20 0 20 40 60 80 100 120 140 160 180 Time (min) \*, P<0.05

0.01

Particule size (µm)

Particule size (µm)

Lipolysis (%) rate Lypolysis G120 180 1180 Time (min) Lipolysis:

- Proteolysis:
  - No significant difference between caseins and alpha-lactalbumin release between diets, although HM proteins tended to be more resistant in the gastric phase.

Particule size (µm)

- **Proteolysis** was significantly **lower** in **HM** at **I40** and **I120**. Faster proteolysis for IF during the first digestion times.
- High lipolysis rate in raw HM prior to digestion due to endogenous lipase activity (10 %) → subtracted here for lipolysis rate during digestion
- Lipolysis was not significantly different although it tended to be faster for IF during the early intestinal digestion phase.

### CONCLUSION

Despite nutritional similarity, this study highlights that the influence of the matrix on the structure of the digestia and on the digestion kinetics and gives some further understanding to the global value of digestibility, such as determined in vivo.









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