

Multicenter comparison of the etest and EUCAST methods for antifungal susceptibility testing of Candida isolates to micafungin

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1 Multicenter comparison of the Etest® and EUCAST for antifungal

2 susceptibility testing of *Candida* isolates to micafungin

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- 63

64 Abstract

65	In vitro susceptibility of 933 Candida isolates, from 16 French hospitals, to micafungin was
66	determined using the Etest® in each center. All isolates were centralized for determination of
67	minimum inhibitory concentrations (MICs) by the EUCAST reference method. Overall
68	essential agreement between the two tests was 98.5% at \pm 2 \log_2 dilutions and 90.2% at \pm 1
69	\log_2 dilutions. Categorical agreement was 98.2%. The $\mbox{Etest} \ensuremath{\mathbb{R}}$ is a valuable alternative to
70	EUCAST for the routine determination of micafungin MICs in medical mycology laboratories.

The echinocandin antifungal drug micafungin is highly effective *in vitro* against most *Candida* species (1-3). Micafungin is now widely used for prophylaxis and treatment of invasive candidiasis (IC) (4, 5). During the last decade, acquired resistance of various *Candida* species to echinocandins has emerged worldwide, including France, and may become an important issue in the therapeutic management of IC (6-10).

77 In vitro antifungal susceptibility testing is currently recommended to detect resistance in 78 Candida species and to guide antifungal treatment (6, 11). Microdilution broth methods such 79 as EUCAST and CLSI are the reference methods for antifungal susceptibility testing. 80 Nevertheless, because these reference methods are labor intensive and time-consuming, most 81 clinical microbiology laboratories use commercial methods, such as the Etest®, for routine 82 determination of minimum inhibitory concentrations (MICs). It is therefore essential to 83 evaluate these commercial tests and to determine their ability to give MIC values that agree 84 with those from the reference methods.

85 With this aim, a prospective, multicenter French study was performed to compare the 86 EUCAST and Etest® methods for micafungin susceptibility testing of a large panel of clinical 87 isolates of different Candida species. Sixteen centers (six in Paris area and 10 across France) 88 participated in the study. Over a 2-month period, each center was asked to test 64 Candida 89 isolates, from any clinical sample, of the following species: 10 isolates of each of the six most 90 common pathogenic species (C. albicans, C. glabrata, C. tropicalis, C. parapsilosis, C. kefyr 91 and C. krusei) and four isolates belonging to other Candida species. Species identification 92 was performed in each center according to the currently recommended phenotypic methods 93 (12). Micafungin susceptibility testing was performed using the Etest® (Biomérieux, Marcy 94 l'Etoile, France), according to the manufacturer's instructions. Candida isolates were then 95 centralized in a single center for MIC determination by the EUCAST reference method (13). 96 C. krusei ATCC 6258 and C. parapsilosis ATCC 22019 were included as quality control

97 strains (14). For comparison purposes, Etest® MICs were increased to the next higher 98 corresponding EUCAST concentration (15). Resistance was based on EUCAST clinical 99 breakpoints. When clinical breakpoints were not available (i.e. for C. krusei and C. 100 tropicalis), ECOFFs were used to categorize isolates as non-wild-type (16). The same 101 ECOFFs (defined by EUCAST) were used for analyzing results of Etest® as specific ECOFFs 102 have not been determined yet. C. albicans, C. glabrata, and C. parapsilosis isolates were 103 considered susceptible / resistant to micafungin when MICs were ≤ 0.016 / > 0.016 µg/ml, 104 $\leq 0.03 / > 0.03 \ \mu g/ml$, and $\leq 0.002 / > 2 \ \mu g/ml$, respectively. C. krusei and C. tropicalis isolates 105 were considered wild-type / non-wild-type to micafungin when MICs were ≤ 0.25 / > 0.25106 μ g/ml and $\leq 0.06 / > 0.06 \mu$ g/ml, respectively. MIC results obtained by the two methods were 107 considered to be in essential agreement when they were within $\pm 2 \log_2 \text{ dilutions}$. Agreement at $\pm 1 \log_2$ dilution was also calculated. Categorical agreement was defined as the percentage 108 109 of isolates classified in the same category (i.e. susceptible, intermediate, and resistant or wild-110 type and non-wild-type) by both techniques (15). Discrepancies (very major, major, and 111 minor errors) were defined as described previously (15).

112 Results from antifungal susceptibility testing were available for 933 Candida isolates, 113 including 878 isolates of the six most medically important Candida species and 55 other 114 Candida species. Table 1 shows the micafungin MICs for the 933 isolates determined by the 115 EUCAST reference method. Micafungin MICs for C. parapsilosis isolates (modal MIC of 1 116 μ g/ml) were several dilutions higher than for the other common species (modal MIC of 0.015 117 µg/ml for C. albicans, C. tropicalis, and C. glabrata and 0.03 and 0.06 µg/ml for C. kefyr and 118 C. krusei, respectively). MICs for rare species were similar than those of the common species 119 except for C. colliculosa and some isolates of C. guilliermondii and C. famata. According to 120 the current clinical breakpoints (16), the micafungin resistance rate was <2% for C. albicans 121 and C. parapsilosis, and 3.9% for C. glabrata. Based on ECOFFs, the non-wild-type rate was

0.7% for C. tropicalis and 0% for C. krusei. The overall essential agreement between 122 123 EUCAST and Etest® results was high (98.5% at $\pm 2 \log_2$ dilutions and 90.2% at $\pm 1 \log_2$ dilution) (Figure 1) with minor differences between species (Table 2). The lowest essential 124 125 agreement (96.7% at $\pm 2 \log_2$ dilutions) was observed for C. parapsilosis. An overall categorical agreement of 98.2% was observed for the 742 isolates belonging to the five 126 127 species for which clinical breakpoints or ECOFFs are available (Table 3). The highest (100%) 128 and lowest (96.7%) categorical agreements were found for C. krusei and C. glabrata, 129 respectively. Major errors were observed in six cases (three C. albicans, two C. tropicalis, and 130 one C. glabrata) and very major errors in six cases (two C. albicans and four C. glabrata). 131 These 12 discrepancies were observed for strains isolated and tested in eight different centers. 132 The Etest® has been used in several studies for micafungin susceptibility testing of Candida 133 spp. (17-22), but only a few comparative studies with a reference method have been 134 performed (17, 20-22). In one of these previous studies, Marcos-Zambrano et al. (21) tested 135 160 yeast isolates with both the Etest® and EUCAST methods and reported an essential agreement of 90.3% at $\pm 2 \log_2$ dilutions (85.8% at $\pm 1 \log_2$ dilution) and a categorical 136 137 agreement of >90%. Similarly, in another study, a comparison between Etest® and CLSI 138 methods showed an overall essential agreement of 94.7% and a categorical agreement of 139 97.2% (20). The ability of the Etest® to detect micafungin resistance, for most of the species, 140 has also been demonstrated previously by testing FKS mutant isolates (17, 21, 22). We 141 enrolled 16 centers and demonstrated that under real-life conditions the Etest® gave very 142 similar micafungin susceptibility results to the EUCAST reference method. 143 Altogether, our results show that the Etest® is a valuable and reliable method to routinely test

the in vitro susceptibility of clinical *Candida* isolates to micafungin. *In vitro* micafungin resistance among the main *Candida* species isolated from clinical samples remains uncommon in France.

147

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151

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272 Table 1: Distribution of micafungin MICs (µg/ml) for different *Candida* species (n=933)

273 determined by the EUCAST broth microdilution method

	Numb	er of is	solates	with an	MIC ((µg/ml)	of			% R/nor
Species (number of										WT*
isolates)	0.015	0.03	0.06	0.125	0.25	0.5	1	2	4	
C. albicans (159)	157	1	1							1.3
C. glabrata (152)	137	9	4			1	1			3.9
C. parapsilosis (152)				1	5	13	79	52	2	1.3
C. tropicalis (152)	97	48	6				1			0.7
C. kefyr (136)	7	67	49	13						ND
C. krusei (127)	3	1	59	56	8					0
C. lusitaniae (23)		5	16	2						ND
Other Candida spp.# (32)	11	6	3	1	1	5	5			ND
All isolates (933)	412	137	138	73	14	19	86	52	2	

274

ND: not determined.

276 * Resistance (R) or non-wild-type (WT) was defined based on EUCAST clinical breakpoints

277 or ECOFFs when clinical breakpoints were not available.

278 # C. guilliermondii (9), C. norvegensis (5), C. inconspicua (5), C. famata (3), C. pelliculosa

279 (2), C. lambica (2), C. sphaerica (1), C. ciferrii (1), C. catenulata (1), C. utilis (1), C.

280 colliculosa (1), C. nivariensis (1).

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Table 2 In vitro susceptibilities of the 933 Candida isolates to micafungin as determined by the Etest® method and EUCAST broth

282
283microdilution method

	Etest® MIC (µ	.g/ml)			EUCAST MIC					
Species (number of isolates)	Range	MIC ₅₀ MIC ₉₀		GM	Range	MIC ₅₀	MIC ₉₀	GM	Essential agreement [#]	
C. albicans (159)	≤0.015 - 0.06	0.015	0.015	0.016	≤0.015 - 0.06	0.015	0.015	0.016	100	
C. glabrata (152)	≤0.015 - 0.125	0.015	0.015	0.016	≤0.015 - 1	0.015	0.015	0.018	98.7	
C. parapsilosis (152)	0.06 - 4	0.5	2	0.63	≤0.125 - 4	1	2	1.15	96.7	
C. tropicalis (152)	≤0.015 - 0.5	0.015	0.03	0.019	≤0.015 - 1	0.015	0.03	0.021	99.3	
C. kefyr (136)	≤0.015 - 0.25	0.03	0.125	0.036	\leq 0.015 - 0.125	0.03	0.06	0.044	97.8	
C. krusei (127)	≤0.015 - 0.25	0.125	0.125	0.084	≤0.015 - 0.25	0.125	0.125	0.089	98.4	
Other Candida spp.* (55)	≤0.015 - 1	0.03	0.25	0.057	≤0.015 - 1	0.06	0.5	0.068	98.2	
Total number (933)	≤0.015 - 4	0.03	0.5	0.046	≤0.015 - 4	0.03	1	0.054	98.5	

284 *C. lusitaniae (23), C. guilliermondii (9), C. norvegensis (5), C. inconspicua (5), C. famata (3), C. pelliculosa (2), C. lambica (2), C. sphaerica

285 (1), C. ciferrii (1), C. catenulata (1), C. utilis (1), C. colliculosa (1), C. nivariensis (1).

286 $\#\pm 2 \log_2 \text{ dilutions.}$

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288 Candida species to micafungin*

Species (number of	Categori	cal agreement	Minor	error	Major	error	Very major error		
isolates)	n	%	n	%	n	%	n	%	
C. albicans (159)	154	96.9	-	-	3	1.9	2	1.2	
C. glabrata (152)	147	96.7	-	-	1	0.7	4	2.6	
C. parapsilosis (152)	151	99.3	1	0.7	0	0	0	0	
C. tropicalis (152)	150	98.7	-	-	2	1.3	0	0	
C. krusei (127)	127	100	-	-	0	0	0	0	
All isolates (742)	729	98.2	1	0.1	6	0.8	6	0.8	

290

291 * For both techniques, categorization of isolates as resistant or non-wild-type was defined based on EUCAST endpoints (clinical breakpoints or

292 ECOFFs when clinical breakpoints were not available)

293 Figure 1 Correlation between EUCAST and Etest® methods for *in vitro* susceptibility testing of 933 Candida isolates to micafungin

294

					EUC	AST MI	C (µg/m	ıl)			
		0.015	0.03	0.06	0.125	0.25	0.5	1	2	4	Total
	0.015	381	63	18	3*		1*				466
=	0.03	24	54	30	15	2*					125
<u>۳</u>	0.06	5	16	47	18	4					90
Ъ	0.125	2*	4	41	28	6	1	2*			84
Etest MIC (μg/ml)	0.25			2	9	2	10	11	4*		38
Ξ	0.5						5	39	16		60
tes	1						2	28	22	1	53
ш	2							6	10		16
	4									1	1
	Total	412	137	138	73	14	19	86	52	2	933
	*: num	ber of iso	lates wit	h more t	han 2 Log	g ₂ dilutio	n differer	nces betv	veen Etes	t® and E	UCAST

295

					EUCA	ST MIC	(µg/ml)			
		0.015	0.03	0.06	0.125	0.25	0.5	1	2	4	Total
	0.015	381	63	18	3*		1*				466
	0.03	24	54	30	15	2*					125
(ml)	0.06	5	16	47	18	4					90
(Jm/gh)	0.125	2*	4	41	28	6	1	2*			84
	0.25			2	9	2	10	11	4*		38
Etest MIC	0.5						5	39	16		60
Ete	1						2	28	22	1	53
	2							6	10		16
	4									1	1
	Total	412	137	138	73	14	19	86	52	2	933

*: number of isolates with more than 2 Log_2 dilution differences between Etest[®] and EUCAST

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