

1-octanol, a self-inhibitor of spore germination in Penicillium camemberti

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24 Abstract

25 Penicillium camemberti is a technologically relevant fungus used to manufacture mouldripened cheeses. This fungal species produces many volatile organic compounds (VOCs) 26 27 including ammonia, methyl-ketones, alcohols and esters. Although it is now well known that VOCs can act as signaling molecules, nothing is known about their involvement in P. 28 camemberti lifecycle. In this study, spore germination was shown to be self-regulated by 29 30 quorum sensing in *P. camemberti*. This phenomenon, also called the "crowding effect", is population-dependent (*i.e.* observed at high population densities). After determining the 31 volatile nature of the compounds involved in this process, 1-octanol was identified as the 32 main compound produced at high-spore density using GC-MS. Its inhibitory effect was 33 confirmed *in vitro* and 3 mM 1-octanol totally inhibited spore germination while 100 µM only 34 transiently inhibited spore germination. This is the first time that self-inhibition of spore 35 germination is demonstrated in P. camemberti. The obtained results provide interesting 36 perspectives for better control of mould-ripened cheese processes. 37

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40 Keywords: Cheese, quorum sensing, *Penicillium camemberti*, germination, 1-octanol.

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Chemical compounds studied in this article: 1-octanol (PubChem CID: 957), ethanol
(PubChem CID: 702), ammonia (PubChem CID: 222), 2-heptanone (PubChem CID: 8051),
2-nonanone (PubChem CID: 13187), 1-octen-3-ol (PubChem CID: 18827), trans-2-octen-1-ol
(PubChem CID: 5318599), 2-methyl-1-butanol (PubChem CID: 8723), 3-methyl-1-butanol
(PubChem CID: 31260) and 3-octanone (PubChem CID: 246728).

49 **1. Introduction**

50 Fungal spores can be dispersed in different ways, namely through air, dust or water, and are 51 important for fungal dissemination and/or survival. Conidia are dispersed asexual spores and can be released in massive numbers by fungi, in particular by Penicillium genus members 52 (Dijksterhuis and Samson, 2002) including many food-related species. While conidia are 53 easily disseminated, spore germination only occurs when favorable environmental conditions 54 55 (*i.e.* temperature, pH, humidity, light and nutrients) are met. Spore germination is also influenced by spore density and is hindered at high spore densities (Macko et al., 1972). First 56 evidence for this phenomenon, also called "quorum sensing", was shown for genetic 57 58 competence induction (Felkner and Wyss, 1964; Tomasz and Hotchkiss, 1964) and in light production regulation (Nealson and Hastings, 1979) in Gram-positive bacteria and marine 59 vibrios, respectively. The ability of microbial cells to chemically sense the density of the 60 61 surrounding population (Fuqua et al., 1994) by extracellular factors has also been found in diverse microorganisms including fungi (Hogan, 2006). This phenomenon actually allows for 62 cell density-dependent growth regulation, hence the term "crowding effect", and appears to be 63 prevalent in diverse fungal species (Hogan, 2006). Previous studies suggested that 64 intercellular signaling via self-inhibitor compound production prevents premature germination 65 66 and guarantees that spores only germinate at the suitable time, *i.e.* in favorable environmental 67 conditions.

Self-inhibitors, which can correspond or not to volatile compounds, have been characterized
in numerous fungal genera including *Aspergillus, Colletotrichum, Dictyostelium, Fusarium, Glomerella, Penicillium, Puccinia, Syncephalastrum* and *Uromyces* (Bacon et al., 1973;
Barrios-González et al., 1989; Chitarra et al., 2004; Garrett and Robinson, 1969; Hobot and
Gull, 1980; Lax et al., 1985; Leite and Nicholson, 1992; Lingappa et al., 1973; Macko et al.,
1972). Regarding the *Penicillium* genus, Chitarra et al. (2004, 2005) demonstrated that 1-

octen-3-ol influenced different developmental processes during the *Penicillium paneum*lifecycle, including spore germination inhibition.

Penicillium camemberti, first described by Thom in 1906 (Raper and Thom, 1949), is mainly 76 used in cheese manufacture and more particularly for mould-ripened soft cheeses such as 77 Camembert, Brie and Coulommiers. P. camemberti growth results in the formation of a 78 characteristic white rind (Abbas and Dobson, 2011). During spore germination and mycelial 79 growth, lipase and protease activities are involved in lipid and protein degradation in cheese 80 81 resulting in fatty and amino acid release (Beresford and Williams, 2004). These latter are then transformed into important taste and aroma compounds such as ammonia, methyl-ketones, 82 primary and secondary alcohols, esters, aldehydes, lactones and sulfur compounds (Abbas and 83 Dobson, 2011) and contribute to overall organoleptic qualities. 84

Due to the important role of *P. camemberti* in cheese manufacture, there is a clear interest to understand regulatory mechanisms potentially involved in conidia germination to better control soft mould-ripened cheese production. In this context, the aims of this study were to first investigate the effect of spore density on spore germination in *P. camemberti*, then to identify the molecules involved and finally estimate the impact of the identified compound and other volatile compounds on spore germination.

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92 **2. Materials and methods**

93 **2.1 Strains, culture conditions and spore suspension preparations**

Two commercial *P. camemberti* strains (coded *P. camemberti* A and B for confidentiality reasons) isolated from mould-ripened cheeses and *P. camemberti* UBOCC-A-101392 and UBOCC-A-108097, and CBS 299.48^T respectively obtained from the Université de Bretagne Occidentale Culture Collection (UBOCC, Plouzané, France) and the Central Bureau Voor Schimmelcultures (Baarn, Netherlands) were used in this study. Pre-cultures were prepared

on slant Potato Dextrose Agar (Difco PDA, Becton, Dickinson and Company, Franklin Lakes, 99 NJ, USA) by inoculating a spore suspension, conserved at -80°C in 10 % glycerol (v/v), and 100 incubating tubes for 7 days at 25°C. Strains were then sub-cultured on slant PDA and 101 102 incubated at 25°C for 14 days. After incubation, spores were harvested using 8 mL of sterile 103 distilled water supplemented with 0.1 % Tween 80. Slant agar cultures were scraped using a 1 mL sterile pipette to collect spores. Then, Roux flasks containing 100 mL Malt Extract Agar 104 (MEA, Merck, Darmstadt, Germany) were sowed with 6 mL spore suspension. After 105 106 incubation for 14 days at 25°C, 25 mL of sterile distilled water supplemented with 0.1 % Tween 80 were added to each Roux flask and the mycelium surface was scraped using a cell 107 scraper (Becton, Dickinson and Company, Franklin Lakes, NJ, USA). The resulting spore 108 suspension was transferred into a tube and centrifuged for 5 min at 4000 g at 4°C (CR3i 109 multifunction, Thermo Fisher Scientific Inc., Waltham, MA, USA). After carefully discarding 110 the supernatant, spores were resuspended in 5 mL sterile distilled water supplemented with 111 0.1 % of Tween 80. Finally, all suspensions of a same strain were pooled together, counted 112 using a Malassez cell and standardized to 2.10^8 and 2.10^6 spores.mL⁻¹. 113

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115 **2.2 Effect of spore concentration on germination kinetics in culture broth**

Spore germination kinetics were performed as described by Chitarra et al. (2004, 2005) with 116 117 some modifications in Malt Extract Broth (MEB, Merck, Darmstadt, Germany) using fresh spore suspensions. To determine the effect of spore density on germination kinetics, 0.75 mL 118 spore suspensions (either 2.10⁸ or 2.10⁶ spores.mL⁻¹) were mixed with 0.75 mL MEB 2X to 119 obtain a final spore concentration of 10⁸ or 10⁶ spores.mL⁻¹. Suspensions were then incubated 120 horizontally in a rotary shaker set to 25°C and 120 rpm. Germination was followed at 0 h, 8 h, 121 then at 2 h intervals for the following 12 h. A minimum of 100 conidia were counted to 122 determine germination kinetics (i.e. percentage of germinated spore as a function of time). A 123

spore was considered as germinated when the germinal tube length was superior or equal to 124 the spore diameter itself, as previously described (Dantigny et al., 2006). In addition, in order 125 to examine whether spore germination capacity was related to spore density, high density 126 spore suspensions obtained after 20 h incubation were diluted to 10⁶ spores.mL⁻¹ in fresh 127 MEB 1X and incubated for another 18 h. Moreover, to assess whether inhibitory molecules 128 were produced during incubation at high spore density, filter sterilized cultures obtained after 129 20 h incubation were inoculated at 10⁶ spores.mL⁻¹ and also incubated for another 18 h. For 130 each spore concentration level, three technical replicates and two biological replicates were 131 performed. 132

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134 **2.3 Effect of spore density on spore germination and radial growth in agar medium**

In these experiments, a Petri dish containing Malt Extract Agar (MEA, Merck, Darmstadt, 135 Germany) layers at the bottom and the top (in the lid) was used as described previously 136 (Chitarra et al., 2004). The top MEA layer was surface inoculated with 50 μ L of a 10⁶ or 10⁸ 137 spores.mL⁻¹ suspension while 5 μ L of a 10⁷ spores.mL⁻¹ suspension were deposited into the 138 center of the plate on the bottom layer. Control cultures were also performed without 139 140 inoculating the top layer. Colony diameters were measured in two perpendicular directions every 2 days for 14 days (plates were incubated at 25°C). Five replicates per condition were 141 performed. Mean values ± 95 % confidence intervals were calculated for each condition. 142

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4 **2.4 Extraction of volatile compounds**

Volatile compounds produced by *P. camemberti* in liquid cultures after 20 h incubation were
extracted as previously described (Husson et al., 2002). Briefly, 0.5 g NaCl and 1 mL diethyl
ether were added to 1 mL culture suspension followed by centrifugation at 15,000 g for 2 min

at room temperature. The organic phase (superior phase) was recuperated and Na₂SO₄ was
added to remove any traces of water.

150

151 **2.5 Detection and identification of volatile compound(s) by GC-MS**

152 Detection and identification of volatile compounds were performed by gas chromatography (Agilent Technologies 7820A GC Systems, Agilent Technologies, Santa Clara, CA, USA) 153 coupled with mass spectrometry (Agilent Technologies 5975 Series MSD, Agilent 154 155 Technologies, Santa Clara, CA, USA) using a HP-5ms (30 m x 250 µm x 0.25 µm) column. The program used for the oven was as follows: 50°C for 5 min, 4°C.min⁻¹ between 50°C and 156 200°C then 10°C.min⁻¹ from 200°C to 270°C, followed by a final step at 270°C for 10 min. 157 The injector and detector temperatures were set to 250°C and 300°C, respectively. The 158 conditions of the mass spectrometer were mode electronic impact (EI); temperature source 159 250°C; scanning speed 1 scan.s⁻¹; mass acquisition 50-300 uma. The vector gas was H_2 at a 160 1.5 mL.min⁻¹ flow rate. For identification, mass spectra were compared to the NIST mass 161 spectral library and were confirmed using the retention index and mass spectrum of pure 162 163 compounds.

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165 **2.6 Effect of pure volatile compounds on spore germination in MEB medium**

The impact of the major volatile compound identified by GC-MS on the spore germination process was evaluated in MEB for two strains (*P. camemberti* A and B) at concentrations ranging between 0 and 4 mM. The effect of other volatile compounds potentially produced by *P. camemberti*, *i.e.* ethanol, ammonia, 2-heptanone, 2-nonanone, 1-octen-3-ol, trans-2-octen-1-ol, 2-methyl-1-butanol, 3-methyl-1-butanol and 3-octanone, was also investigated. To perform these assays, after solubilization of the tested compound in propylene glycol and serial dilutions, the percentage of germinated conidia from a 10^6 spore.mL⁻¹ suspension was

determined in MEB as described above, after 10 and 16h incubation at 25°C with agitation
(120 rpm). Control cultures without volatile compound but containing the same amount of
propylene glycol were also performed.

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177 2.7 Effect of initial spore concentration on the growth of *P. camemberti* determined by 178 ergosterol analysis in a cheese matrix model

The cheese matrix model was prepared as described previously (Le Dréan et al., 2010). 179 Briefly, to prepare 100 g, 23 g milk protein concentrate, 20 g anhydrous milk fat, 50 mL 180 sterile distilled water, 1.5 g NaCl and 1.26 mL lactic acid were added. Prepared model 181 cheeses were inoculated with either P. camemberti A or B spore suspensions to yield a final 182 spore concentration ranging from 10^2 to 10^6 spores.g⁻¹. Then, 50 g cheese portions were 183 transferred to sterile crystallizing dishes (5.6-cm diameter) and incubated for 9 days at 12°C. 184 After incubation, a 32-mm diameter and ~5 mm depth layer was removed from the cheese 185 surface with a sterile scalpel. Sufficient sterile 2% (w/v) trisodium citrate was added to yield a 186 1:10 dilution and the resulting suspension was homogenized with an Ultra-Turrax (IKA, 187 Staufen, Germany) at 24,000 rpm.min⁻¹ for 1 min. Five mL of the trisodium citrate / cheese 188 mixture were then centrifuged in a 12-mL screw cap tube at 10,000 g for 10 min at 4°C. The 189 supernatant was discarded and the mycelium pellets resuspended in 0.5 mL of methanol. 190 191 After vortexing, 2.5 mL of 24 % methanolic KOH (24 %) were added and incubated for 2h at 85°C. After cooling in melted ice for 10 min, 2 mL of petroleum ether were added and 192 vortexed 3 times for 20 sec with a cooling step on ice for 2 min after each homogenization 193 treatment. This step was repeated and the extract was centrifuged for 10 min at 3000 rpm at 194 4°C. The organic phase was collected and evaporated under nitrogen flow for ~15 min and 195 stored at -20°C before use. Prior to HPLC analysis, the dry extract was dissolved in 0.5 mL 196 methanol and filtered through a 0.45-um acetate filter. Ergosterol was quantified, using 197

external ergosterol standards (Sigma, St Louis, MO, USA), with a high-performance liquid chromatograph Agilent 1100 series (Agilent Technologies, Santa Clara, CA, USA) equipped with an Interchrom Lichrospher C18 column and an UV detector set at 282 nm. The mobile phase was methanol with a flow rate set to 1.2 mL.min⁻¹ and injection volume was 50 μ l. Each sample and standard were analyzed in triplicate. Mean values \pm 95 % confidence intervals were calculated for each strain and condition.

204

205 **3. Results**

3.1 Effect of spore concentration on germination kinetics in broth medium

Germination kinetics according to initial spore population for the 2 studied P. camemberti 207 strains in MEB are presented in Fig. 1. Independently of the studied strains, cultures 208 containing 10⁶ spores.mL⁻¹ presented higher germination percentages compared to 10⁸ 209 spores.mL⁻¹ cultures. Indeed, after 20h incubation, >90 % and <3% spores had germinated at 210 10^6 versus 10^8 spores.mL⁻¹. Similar results were also obtained on *P. camemberti* strains 211 UBOCC-A-101392, UBOCC-A-108097 and CBS 299.48^T (data not shown). To determine 212 whether germination inhibition was the consequence of higher spore density, 10⁸ spores.mL⁻¹ 213 cultures obtained after 20 h incubation were diluted to 10⁶ spores.mL⁻¹ and further incubated 214 for 18 h. Germination percentages for both strains were ~ 90 % indicating that a "crowding-215 effect" was responsible for this inhibition. 216

In order to check for self-inhibitory molecules in the high density spore suspension, 20-h 10^8 spores.mL⁻¹ culture filtrates were inoculated with a new spore suspension (10^6 spores.mL⁻¹) and germination kinetics were compared to a control (Fig. 2). While 98 % of spores had germinated in the control, germination rates in the culture filtrates were only 13 % and 8 % for *P. camemberti* A and B, respectively (Fig. 2), thus, highlighting that one or several selfinhibitors were present in the culture medium previously containing 10^8 spores.mL⁻¹.

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3.2 Effect of spore density on spore germination and radial growth in agar medium

To examine if spore density could impact spore germination and radial growth in solid 225 medium, a Petri dish containing MEA layers at both the bottom and top (in the lid) was used 226 as previously described by Chitarra et al. (2004, 2005). As shown in Fig. 3, growth in the 227 bottom of the Petri dish was significantly delayed as compared to the control (Fig. 3A) when 228 the lid was inoculated with 50 μ L of a spore suspension containing 10⁶ (Fig. 3B) or 10⁸ (Fig. 229 3C) spores.mL⁻¹, the latter having the strongest effect. Indeed, mean radial growth rates were 230 4.14, 0.57 and 0.47 mm.d⁻¹ for the control and the lid agar inoculated with 10^6 and 10^8 231 spores.mL⁻¹, respectively. Overall, these results strongly suggested that volatile compounds, 232 able to move from the MEA layer of production to the MEA layer of action, could be 233 responsible for the observed effects. 234

235

3.3 Detection and identification of volatiles compound(s) by GC-MS

The volatile compounds present in MEB cultures containing 10^8 spores.mL⁻¹ of P. 237 camemberti strain A or B were analyzed by GC/MS and compared to those of the non-238 inoculated MEB medium (Fig. 4). Major differences in volatile compound profiles between 239 the inoculated media (Fig. 4A) and control (Fig. 4B) were observed. Noteworthy, the most 240 241 abundant volatile compound produced at high spore density exhibited a retention time of 10.997 min. The nature of this compound was assigned to 1-octanol based on its mass 242 spectrum (Fig. 4C) and confirmed after comparison of its mass spectrum with that of pure 1-243 octanol (Fig. 4D). This compound was also verified to have a different retention time and 244 mass spectrum from those of 1-octen-3-one, 3-octanone, 2-octanone, octanal, trans-2-octen-1-245 ol and 1-octen-3-ol (retention times were 7.237, 8.03, 8.201, 8.488, 11.935 and 12.796 min, 246 respectively) in the tested conditions (data not shown). 247

248

249 **3.4 Effect of pure volatile compounds on germination efficiency in MEB**

The effects of 1-octanol, as well as other volatile compounds potentially produced by P. 250 camemberti, on germination efficiency were studied in vitro. The germination inhibitory 251 252 effect of 1-octanol was confirmed in MEB. Indeed, total inhibition of spore germination was achieved in the presence of 3 mM 1-octanol while a concentration as low as 100 µM 253 transiently delayed spore germination after 10h but not after 16h. Indeed, at the latter 254 255 concentration, the percentage of germinated spores was reduced by 10 % as compared to the control. It is worth mentioning that 1-octen-3-ol, a compound previously identified to act as a 256 self-inhibitor in P. paneum (Chitarra et al., 2005, 2004), and its isomer trans-2-octen-1-ol had 257 a similar minimum inhibitory concentration (MIC) than 1-octanol. Other compounds, namely, 258 ethanol, ammonia, 2-methyl-1-butanol, 3-methyl-1-butanol, 2-heptanone and 3-octanone did 259 260 not inhibit spore germination in the tested conditions (MIC>4 mM).

261

262 **3.5 Effect of spore concentration on** *P. camemberti* growth as determined by 263 ergosterol analysis in a cheese matrix model

Fungal biomass obtained after 9 days incubation at 12 °C as a function of the initial spore concentration $(10^2 \text{ to } 10^6 \text{ spores.g}^{-1} \text{ of cheese})$ is shown in Fig. 5. Independently of the tested strain, there was no significant difference in fungal biomass whatever the initial spore concentration used.

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269 **4. Discussion**

Self-regulation of spore germination as a function of spore density has been previsouly
characterized in a wide range of fungal species including *Penicillium* species (Chitarra et al.,
2004, 2005). In the present study, we demonstrated for the first time that this phenomenon,

which was reversible, also occurred in *P. camemberti*, an industrially relevant fungus used in 273 the dairy industry. We also showed that 1-octanol, a volatile compound, was produced at high 274 spore density and that this compound hindered spore germination in vitro. In nature, 275 Penicillium spp. produce high spore numbers which are directly exposed to air, thus 276 277 explaining why volatile self-inhibitors may be more widespread than non-volatile ones. Thus, as suggested by Chitarra et al. (2004) for 1-octen-3-ol, we can hypothesize that 1-octanol is 278 produced by *P. camemberti* conidia and released into the air in order to inhibit germination 279 280 until appropriate environmental conditions are met. Likewise, as previously described for 1octen-3-ol in P. paneum and Aspergillus nidulans (Chitarra et al., 2005; Herrero-Garcia et al., 281 2011), conidia treated with 3 and 4 mM 1-octanol did not enter into isotropic growth, 282 meaning that 1-octanol prevented the initiation of the spore swelling process which precedes 283 polarized growth and the formation of a germ tube. Thus, this volatile compound may have an 284 285 effect on fungal membrane permeabilisation which controls water entry into conidia (Chitarra et al., 2005). 286

More generally, eight-carbon (8-C) volatiles are ubiquitous among fungi and characteristic of 287 fungal aromas (Combet et al., 2006). They result from the oxidation and cleavage of fatty 288 289 acids, in particular linoleic acid. Such products constitute for 44.3-97.6% of the total amount of volatiles produced, depending on the extraction method used (Maga, 1981; Tressl et al., 290 291 1982; Venkateshwarlu et al., 1999). The well-known 1-octen-3-ol presenting a mushroomlike aroma is the most abundant VOC while 1-octanol is characterized by a detergent, soap 292 and orange-like aroma (Combet et al., 2006). In the present study, 1-octanol was the only 8-C 293 volatile compound identified in cultures with high conidial density while 1-octen-3-ol was not 294 detected. Likewise, P. commune, which is considered as an ancestral form of the domesticated 295 P. camemberti (Pitt et al., 1986), was not found to produce 1-octen-3-ol at high spore density 296 (Chitarra et al., 2005). Nevertheless, 1-octen-3-ol was found, here, to block the germination 297

process *in vitro*. Given that the role of this compound as a self-inhibitor of germination has 298 also been demonstrated in several fungal genera and species (Chitarra et al., 2004; Herrero-299 Garcia et al., 2011), it could be considered as a cross-talk molecule. In addition, 1-octen-3-ol 300 is produced at high levels by P. camemberti during growth, especially in cheese (Abbas and 301 302 Dobson, 2011), therefore its role in controlling other steps of the *P. camemberti* growth cycle cannot be excluded and should be further studied. Finally, 3-octanone, a methyl-ketone 303 derived from linoleic acid which is also produced by *P. camemberti* (Adda et al., 1989), also 304 305 deserves further attention since this compound was identified as a conidiogenic compound in A. nidulans (Herrero-Garcia et al., 2011). 306

In the last part of the present study, we investigated whether the initial spore inoculum could 307 impact the P. camemberti colonization process in model cheeses. We found that estimated 308 biomass by ergosterol measurements was similar regardless of initial inoculum, suggesting 309 that the germination and growth coordination phenomena could also occur in cheese. In 310 addition, low inoculum levels containing $10^2 - 10^3$ spores.g⁻¹ of cheese could be sufficient to 311 maximize P. camemberti growth. In the cheese industry, the inoculation level of P. 312 *camemberti* is empirically determined as a function of the organoleptic properties desired in 313 314 final product (surface appearance, texture and flavor). Better knowledge of the phenomena governing the P. camemberti colonization process could be useful to better control growth 315 316 and metabolic activities during cheese ripening.

317

318 Conclusions

In the present study, self-regulation of spore germination by quorum sensing in *P. camemberti* was shown. The volatile nature of the involved compounds was demonstrated and 1-octanol was found to be the main volatile compound produced at high spore density. Its inhibitory effect was verified *in vitro*, showing that 3 mM 1-octanol totally inhibited spore germination

323 while 100 μ M only transiently inhibited this process. This is the first time that spore

324 germination self-inhibition is detected in *P. camemberti* and such knowledge could be useful

325 to better control the ripening process of mould-ripened cheeses.

326

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416 Figure legends

Fig. 1. Germination of *Penicillium camemberti* strain A (A) and B (B) conidia at 25°C in malt extract broth as a function of the tested spore density (10^6 spores.mL⁻¹, \blacksquare and 10^8 spores.mL⁻¹, **4**19 **(a)**. The arrows represent the time (20h) at which the spore suspensions were diluted to 10^6 spores.mL⁻¹. Two biological replicates and three technical replicates were performed for each strain. Error bars represent standard deviations.

422

Fig. 2. Germination kinetics (inoculum level of 10^6 spores.mL⁻¹) of *Penicillium camemberti* strain A (**•**) and B (**•**) in filter-sterilized 10^8 spores.mL⁻¹ cultures obtained after 20-h incubation (doted lines) as compared to germination of strain A (**•**) and B (**•**) in fresh malt extract broth (solid lines). Error bars represent standard deviations.

427

428 **Fig. 3.** Inhibition of spore germination and radial growth of *Penicillium camemberti* 429 cultivated on malt extract agar in the absence (A) or in the presence of a 50 μ L at 10⁶ (B) or 430 10⁸ (C) spores.mL⁻¹ inoculated in the top layer (in the lid) of a Petri dish. CI95%: 95% 431 confidence interval.

432

Fig. 4. Chromatograms showing the volatile compounds found in malt extract broth
containing 10⁸ spores.mL⁻¹ of *Penicillium camemberti* strain A after 20 h incubation at 25°C
(A) in comparison with non-inoculated MEB (B) and the mass spectra of the molecule
presenting a retention time of 10.997 min (C) in comparison with pure 1-octanol (D).

437

438 **Fig. 5.** Fungal biomass (mean \pm 95 % confidence interval) of *Penicillium camemberti* strain A 439 (black bars) and B (grey bars) after 9 days incubation at 12°C in a cheese matrix model as a 440 function of initial spore concentration ranging from 10² to 10⁶ spores.g⁻¹ cheese.









Fig. 4.



Fig. 5.



Highlights:

- Spore germination in *Penicillium camemberti* is self-regulated by quorum sensing.
- Quorum sensing is observed when spore densities are high.
- Compounds involved in quorum sensing are volatile.
- 1-octanol was found to be the main volatile compound produced at high-spore density.